

Opinion

Check your alarms when you change your clocks A4



Lifestyle Pomegranate — an underrated fall fruit A5



Sports **HS Sports teams** compete in playoffs B1W

Wilmington Unun

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24 PAGES



WHS Students of the Month are: Maxwell L'Esperance, grade 9, Contributor; Khoa Tran, grade 9, Leader; Alex Kennedy, grade 11, Contributor; Faith Mace, grade 11, Leader; Ryan Belanger, grade 9, Learner; Aiden Trites, grade 11, Contributor; Krish Patel, grade 9, Learner; Kammi Lucot, grade 12, Communicator; Dempsey Murphy, grade 11, Contributor; Luis Rosario, grade 11, Leader; Sofia Pitzen, grade 11, Leader. (Courtesy photo)

## Incumbent candidates survive election

By RYAN LAROCHE **News Editor** 

WILMINGTON/TEWKS BURY — While it was a great night for Democrats state-wide, Wilmington and Tewksbury bucked the trend by supporting some Republican candi-

Locally, Democrat State Rep. Dave Robertson defeated Republican challenger Paul Sarnowski in both towns. In Tewksbury, he received 4,184 votes to Sarnowski's 3,469 while in Wilmington, he received 5,358 votes to Sarnowski's 4,161.

Tewksbury's other two state representative candidates, Tram Nguyen and Vanna Howard, also won their reelection bids, though Nguyen received less votes in Tewksbury than her challenger Jeffrey Dufour, 1,685 to 1,822.

Howard, running unopposed, received 900 votes in her one precinct.

For state senate, Barry Finegold squeaked out a victory over challenger and Republican Salvatore DeFranco. In Tewksbury,

**ELECTION | PAGE A11W** 



**▲ GREGORY PHIPPS** 

(Courtesy photo)

### Phipps named next RMLD general manager

READING - During a Board of Commissioners meeting on Nov. 3, 2022, the Reading Municipal Light Department (RMLD) Board of Commissioners unanimously voted Gregory Phipps to be the next RMLD general manager. He will be the utility's 15th general manager in its 128-year history.

Phipps was previously appointed by the Board of

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Commissioners to serve as RMLD's interim general manager, a position he has held since July. He began his tenure at RMLD as the Director of Integrated Resources, where he oversaw customer-facing programs, rates, and wholesale power supply.

Greg brings decades of leadership in several hightech industries including solar power, software, materials, and 3D imaging, during periods when each industry was undergoing dramatic market change. Greg holds an Electrical Engineering Bachelor of Science degree with distinction from Worcester Polytechnic Institute and

PHIPPS I PAGE A2W

## Veterans Day event on Friday in Wilmington

By HEATHER BURNS **News Correspondent** 

WILMINGTON - On Friday, Nov. 11, 2022, the Wilmington Veterans Services will host a Veterans Day ceremony to remember and honor all of our past and present veterans.

The ceremony will begin at 11 a.m. on the Wil-

mington Town Common. Honor Guards will assemble at the Fourth Of July parking lot at 10:45

a.m., and proceed to the Town Common to open this year's ceremony.

The Wilmington Veterans Services would like to remind citizens that Veterans Day was first proclaimed Nov. 11, 1919 President Woodrow

President Wilson spoke

at the first commemoration of Armistice Day, stating, "To us in America, the reflection of Armistice Day will be filled with Solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing

from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations.."

All residents of Wilmington are invited and encouraged to attend this event to honor our brave heroes.

## Tewksbury graduate shines as principal dancer in Hocus Pocus sequel

By CASEY **STEVENSON News Correspondent** 

TEWKSBURY — Tewksbury Memorial High School alumni Chris Mitchell puts a spell on viewers of the newly released film "Hocus Pocus 2" as a principal dancer.

Chris graduated TMHS in 2019 and was a star in their theatre program, and has gone on to study the art at Boston Conservatory at Berklee. Anyone who has gotten the chance to see him perform was likely wowed by his dancing and acting abilities, and has been excited to see what comes next for him.

Mitchell took the time to talk about his experience filming for not only a beloved Halloween film, but also filming with Disney and stars such as Bette Midler.

With every opportunity



comes the journey to find it, and Mitchell's was as follows:

"I found this casting opportunity while I was doing a show at the Seacoast Repertory Theatre; somebody else in the cast of Cabaret with me received a casting call notice for dancers in an 'upcoming Disney fea-

ture film' and I decided

to submit!" Mitchell described the audition process as fol-

"Auditions were virtual, like most have been over the past year and a half since the pandemic. I was sent a dance combi-

**HOCUS | PAGE A11W** 

#### Wilmington Library News:

## -Concert with The Bloom/Leighton Duo on Thursday, Nov. 17

**Adult Programs** 

**INDOOR** Drop-In Tech Help Tuesday, Nov. 15, 2 p.m. Wednesday, Nov. 16, 2 p.m. Saturday, Nov. 19, 2 p.m. Have a tech question that's been bugging you? Stop by Drop-in Tech Help.

> VIRTUAL Preserving Family Recipes: How to Save and Celebrate Your **Food Traditions**

Tuesday, Nov. 15, 7 p.m. Valerie J. Frey, author of Preserving Family Recipes: How to Save and Celebrate Your Food Traditions (UGA Press), will explore various aspects of your family's heirloom recipes.

VIRTUAL 50+ Job Seekers Wednesday, Nov. 16, 9:30

If you are unemployed and actively looking, underemployed, seeking a new career direction, reentering the job market after a long employment gap, or recently retired and looking for your "Encore Career," this networking group program is

perfect for you! Remem-

ber, 85% of jobs are found

through networking! This

week's topic (Nov. 16) covers Interview Practice.

> VIRTUAL Peonies: Love of My Life

Thursday, Nov. 17, 11 a.m. Go back in time to the origin of peonies and learn a bit about their history. The "how to" part of this presentation will teach you to select, install, care for and divide these beautiful and much-loved plants. Then sit back and feast your eyes on a colorful photographic showcase of the many different varieties and types of peonies. Led by Christine Paxhia, who has been a Massachusetts Master Gardener since 2012.

**INDOOR Afternoon Concert:** Bloom/Leighton Duo Thursday, Nov. 17, 2:30

Flutist Peter H. Bloom and guitarist Mark Leighton have performed together for over 25 years, winning kudos for superb musicianship and entertaining concerts spanning the classical and jazz traditions. They've performed at Boston's Museum of Fine Arts, Colby College, Hudson River Museum, Corning Community College, Boston Public Library, Islesboro Maine Summer Concerts, Elmira College, and many other locations. The Bloom/Leighton Duo is a member of the New England States Touring Roster.

> INDOOR **Novel Ideas Book Group**

Thursday, Nov. 17, 7 p.m. Enjoy reading fiction? Join the library's fiction book group led by Adult Services Librarian Erin Driscoll. Please stop by the library to pick up a copy of the featured book. Featured Book: The Henna Artist by Alka Joshi.

> **INDOOR** Needleworkers

Friday, Nov. 18, 10 a.m. This is a social group for those who do any kind of needle craft. Bring your knitting, crocheting, quilting, etc. and enjoy a little conversation and camaraderie. Drop in.

> VIRTUAL **Poetry Circle**

Saturday, Nov. 19, 9:15

Do you enjoy writing poetry? Want input on your work? If so, this group is for you. When registering, please provide your email address so you can receive an agenda and any prep materials in advance. Led by local writing enthusiast, Barbara Alevras. If you are interested in attending this event, please email Adult Services Librarian at adultservices @wilmlibrary.org. Please include the title of the program in the subject heading. This event will be held over Zoom. You will receive an invite from the presenter prior to the program date.

**Youth Programs** 

INDOOR Wilmington Community Playgroup

Monday, Nov. 14, 10 a.m. Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! Ages 0-5

> INDOOR Switch it Up!

Monday, Nov. 14, 3:45 p.m. Love video games? Love Nintendo Switch? Come to this once-a-month video game club to play your favorite Switch games with friends! Grades 1-5

> INDOOR Read to Brandie

Tuesday, Nov. 15, 6 p.m. Come read to Brandie, a wonderful dog who loves to listen to kids read! Sign

up for one 15 minute session per family. All Ages

> INDOOR Family Craft Night: **Fall Wreaths**

Wednesday, Nov. 16, 6:30 Create with the whole

family and make some decorative fall wreaths for a door in your home! This program involves a lot of knot tying, so be sure to register if your child is learning knots or already can tie them. Grades 1+ with caregivers

**INDOOR** 

**Drop-in Storytime** Friday, Nov. 18, 10 a.m. Come enjoy this fun indoor storytime that includes books, rhymes, music and movement! Ages

INDOOR **Teen Gaming Club** Friday, Nov. 18, 3:30 p.m. Hang out and play Switch

games after school with other middle and high schoolers! Grades 6-12

VIRTUAL Crafting the College Essay

Saturday, Nov. 19, 10 a.m. Perhaps the hardest part of applying to college is writing college application essays, because it is

unlike anything students have ever done. Learn about why you will write application essays and how to write the best essay for your application. Grades 9-12

> WML In-Person **Programming**

Registration is required for most in-person programs. Please check our website on the day of the program to confirm location. Masks are no longer required for vaccinated patrons while visiting the library.

> WML Virtual **Programming**

The library continues to offer a variety of virtual events. Please note that registration is required in order to receive the Zoom link. Go to wilmlibrary.org to register or call 978-658-

**Book Store Next Store,** 183 Middlesex Ave.

Open Saturdays & Wednesdays, 10 a.m. - 4 p.m.

Shop discount books! Paperbacks for \$1 and hardcovers for \$2.

The Book Store is staffed by volunteers from the Friends of the Library and all proceeds help support library programs.

## Phipps takes over as permanent general manager for the Reading Light Dept.

**PHIPPS FROM PAGE 1** 

a Master of Business Administration (MBA) from Harvard Business School.

"We were presented with three extremely qualified candidates to lead RMLD, but Greg's proven leadership and successful tenures as both the Interim General Manager and Director of Integrated Resources at RMLD distinguished him from the other candidates," said Chair of the RMLD Board of Commissioners Marlena Bita. "We look forward to welcoming Greg as the permanent general manager and for him to continue to propel RMLD forward as the industry continues to evolve at a rapid pace."

During the vote, the board credited Phipps for his numerous successes

should

deposit refunds into

bank for direct deposit rules.

electronic payment options.

which numbers to use.

Mobile apps may be an option

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It's Your Money

by Todd Brisbois

U.S. bank accounts in their own name, their spouse's

name or both. They should avoid making a deposit into

accounts owned by others. Some banks require both spouses' names on the account to deposit a tax refund from a joint return. Taxpayers should check with their

Taxpayers who don't have a bank account can visit the FDIC website for information on banks that allow

them to open an account online and how to choose the right account. Veterans can use the Veterans Benefits

Banking Program for access to financial services at

participating banks. Tax preparers may also offer

Some mobile apps and prepaid debit cards allow for

direct deposit of tax refunds. They must have routing and

account numbers associated with them that can be

entered on a tax return. Taxpayers should check with the

mobile app provider or financial institution to confirm

Taxpayers must have their routing and account numbers

for direct deposit available when they are ready to file. The

There is a limit of three direct deposit refunds made into

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IRS can't accept this information after a return is filed.

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– PART II -

during his tenure as the interim general manager including fostering a positive workplace culture, securing a new site for a new Wilmington substation, and building relationships with key people across the communities in RMLD's service territory.

"This is an exciting time for the electric utility industry as we work to decarbonize our portfolio in accordance with Massachusetts climate legislation," said Phipps. "I am thrilled to have the opportunity to lead a talented and dedicated RMLD team as we operate an efficient and reliable electric system, provide competitive rates, demonstrate excellent customer service, and trailblaze into the future of the electric utility industry."

**Baker-Polito Administration** awards \$109K to Grace Chapel in Wilmington

BOSTON — The Baker-Polito Administration announced grants totaling more than \$4.1 million to help Massachusetts nonprofit faith-based organizations to improve physical security and protect against terroristic and hate-fueled attacks. The awards were announced today during the 4th annual Faith-Based Organizations Safety and Security Seminar hosted by the Commonwealth Fusion Center and attended by more than 150 federal, state, local and nonprofit partners at the Southbridge Hotel and Conference Center in Southbridge.

"Protecting our Commonwealth means protecting the organizations that are the pillars of our communities. We are committed to ensuring that these nonprofits and houses of worship are protected and that everyone can feel safe when they gather and worship," said Governor Charlie Baker.

"Faith-based organizations provide important opportunities for people to worship, gather and connect with their faith and their community," said Lt. Governor Karyn Polito. "Protecting these institutions from threats ensures that residents of every creed have a safe, dedicated space to engage in the life of their community."

The funds are made available through the Department of Homeland Security (DHS) Nonprofit Security Grant Program (NSGP). In Massachusetts, these funds are managed by the Office of Grants and Research (OGR), a state agency that is part of the Executive Office of Public Safety and Security (EOPSS). The grants were awarded through a competitive application process to 37 nonprofits that were determined to be at high risk of a terror attack or hate crime.

"These grants ensure that nonprofit institutions where community members gather have the resources that they need to improve security. Ensuring the right to gather safely and to practice faith without fear is fundamental to our public safety goals," said Secretary of Public Safety and Security Terrence Reidy.

"Gathering places such as houses of worship have unique security needs. The grants awarded through this program will help the recipients increase the security of their facilities while continuing to provide the open and welcoming gathering places their communities rely on,"

said OGR Executive Director Kevin Stanton.

The Massachusetts nonprofit and faith-based organizations that received grants are:

**Organization Award** Bais Yaakov Boston, Brighton \$150,000 Beth El Temple Center,

Belmont \$83,600 Brandeis University, Waltham \$147,000

Chabad of Brandeis, Waltham \$150,000 Chabad on Campus Worcester \$150,000

Chabad House of Greater Boston, Boston \$150,000 Congregation B'Nai Shalom, Westborough \$75,000 Congregation Mikvah **Association of Worcester** \$150,000

Congregation Shalom, Inc., North Chelmsford \$20,610

Congregation Temple Emanuel of Andover

Congregation Tifereth Israel, Winthrop \$56,932 Congregation Tifereth Israel Sons of Jacob Lubavitz, Inc., Worcester \$150,000

Friends of Franklin County Fairground, Greenfield \$50,000

Grace Chapel, Foxboro \$104.842

Grace Chapel, Lexington \$150,000 Grace Chapel, Wilming-

ton \$109,126 Hancock United Church

of Christ, Lexington

Hillel House at Umass Amherst, Amherst \$150,000 Holbrook Jewish Community Center, Holbrook Jewish Community Cen-

ter of Greater Boston, Newton \$88,500

Jewish Community of Amherst \$21,300 Kollel of Greater Bos-

ton, Brighton \$150,000 Maimonides School of Brookline \$150,000 New Life Church, Leo-

minster \$18,050 North Shore Chabad Lubavitch, Swampscott \$150,000

Shaloh School Oholei Torah, Brighton \$150,000 Temple Beth Am, Framingham \$150,000

Temple Beth David of the South Shore, Canton \$12,087

Temple Beth El of Springfield \$149,871 Temple Beth Sholom,

Framingham \$45,922 Temple Emanuel of Newton \$150,000

Temple Emunah, Lexington \$106,200

Temple Shalom of Newton \$30,650 Temple Shir Tikva, Way-

land \$103,900 The Armenian Apostol-

ic Church at Hye Point, Haverhill \$125,000 The Chabad Center of

Natick \$150,000 Young Israel of Sharon \$150,000

Total: \$4,102,560

## **News and notes from WCT**

Hello friends and neighbors! Here's what's going on at WCTV!

The Season of Giving

consider, the "Season of Giving" we hope you'll consider a donation to WCTV to help us continue

As we enter what many

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to bring you all the wonderful programs and productions you love and to facilitate WCTV to do even more to serve our community in the coming year. No donation is too small and donations of office supplies, goods or services or perhaps snacks for our Summer or after school programs might strike your fancy? We also offer Business and Corporate sponsorships that help let everyone in town and beyond know that your business supports WCTV! If you'd like to talk with us about a donation or sponsorship, please reach out to Executive Director, Sam Perkins at: sam@wctv.org.

**Meetings** covered by WCTV: Monday, Nov. 14, 7 p.m. Select Board

View on channels: Comcast 9, Verizon 37 Wednesday, Nov. 16, 7 p.m. School Committee View on channels: Comcast 9, Verizon 37

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**Instagram:** Wilmington WCTV is located at: 10 Waltham Street, Wilming-

Office Hours by Appointment: (978) 657-4066 **Questions about WCTV?** Contact info@wctv.org WCTV Channels: Public Channel: Verizon 37, Com-

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## **OBITUARIES**

#### Phyllis May (Bradley) Allen Worked as nurse in Wilmington schools

Phyllis May (Bradley) Allen, age 91, a long-time resident of Wilmington, passed away peacefully on Nov. 3, 2022, at the Sawtelle Family Hospice House.

Phyllis was born on Oct. 3, 1931, in Fall River; she was the cherished daughter of the late Herbert and Gladys (Shovelton) Bradley. Phyllis graduated from Somerset High School in 1949, followed by the New England Deaconess Hospital School of Nursing, where she earned her degree as a Registered Nurse.

Phyllis married Earl Raymond Allen on April 16, 1955. They settled in Wilmington, where they raised their three children, David, James and Barbara.

Once they were older, Phyllis worked as a circulation assistant in the children's section at the Wilmington Memorial Library beginning in 1973. Two years later, her love of nursing led to her hiring as a school nurse in the Wilmington public schools.

She retired from school nursing in June 1992. Postretirement, she could be found at the Wilmington Senior Center, where she and her friend Helen co-led the Monday and Wednesday morning exercise groups.

Phyllis was the beloved wife of the late Earl Raymond Allen, devoted mother of David M. Allen of Wilmington, Barbara J. Griggs and her husband Douglas of Maryland and the late James A. Allen, loving "Grandma" of Daniel Griggs of Vermont and Brian Griggs of Maryland, and the dear sister of Everett Bradley of California.

Family and friends gathered for Visitation at the Nichols Funeral Home, Inc., 187 Middlesex Ave., (Rt. 62), Wilmington on Tuesday, Nov. 8 from 11:30 a.m. - 1 p.m. immediately followed by a Funeral Service at 1 p.m. Interment followed in Wood-



brook Cemetery, Woburn. In lieu of flowers, donations in Phyllis' name may be sent to the Sawtelle Family Hospice House, 320 Haverhill St, Reading, MA 01867 or to her favorite charity: St. Labre Indian School, 112 St. Labre Campus Drive, Ashland, Montana 59003 stlabre.org.

www.nicholsfuneralhome

### Ann L. (Hoban) Andersen

Just celebrated 54th wedding anniversary

Ann L. (Hoban) Andersen, age 76, of East Wakefield, NH, formerly a long-time resident of Wilmington, passed away on Nov. 4, 2022, after a brief illness.

Ann was the beloved wife of Robert J. Andersen, with whom she celebrated their 54th wedding anniversary on Oct. 12, 2022.

Ann was born on Feb. 23, 1946, in Lowell. She was the daughter of the late Francis "Nifty" and Cecelia (O'Doherty) Hoban. Ann was raised in Wilmington and graduated from Wilmington High School in 1964

After Ann and Robert were married, they built a house on School Street right next to the home where Ann grew up. There, they raised their three children, Karen, Ann-Marie, and Bob.

Wilmington until retiring and moving to East Wakefield, New Hampshire in 2000.

Ann is survived by her

Ann and Robert lived in

husband Robert, daughter Karen Savage and her husband Andy of Riggins, Idaho, daughter Ann-Marie von Sneidern and her husband Kurt of North Andover, and son Robert S. Andersen and his wife Heather of Wilmington.

Ann was "Grammy" to Billy, Ashley, Morgan, Caroline, Emma, Savannah, Sarah, and Jack. She was "Great-Grammy" to Lilliana and Zoe.

Ann was a dear sister of Kathleen "Kay" Scanlon, Richard Hoban and the late Sheila Harrington and Francis Hoban.

Ann is also survived by many loving nieces and nephews. Family and friends gath-

ered for visitation at the Nichols Funeral Home, 187 Middlesex Avenue (Rt. 62), Wilmington on Wednesday, Nov. 9 between the hours of 4 7 p.m. A graveside service was held in Wildwood Ceme-



tery, 233 Middlesex Avenue Wilmington on Thursday, Nov. 10 at 11 a.m.

In lieu of flowers, memorial donations may be made in Ann's name to the Mass. Audubon Society, Development Office, Mass Audubon, 208 South Great Road, Lincoln, MA 01773 or by visiting: http://www.massaudu-

#### Maureen F. (Maloy) Estes 34-year member of Order of Eastern Star

Maureen F. (Maloy) Estes, 80, a longtime resident of Wilmington, passed away on Friday, Nov. 4. She was the beloved wife of the late C. Edward Estes who died

Born in Portland, Maine, she was the daughter of the late Harold and the late Eileen (Moore) Maloy. She was raised in Westbrook, Maine. A graduate of St. Mary's School in Westbrook and Cathedral High School in Portland, she continued her education at the Boston School of Dentistry where she trained to be a dental assistant

Maureen fell in love with Massachusetts and from then on called it home. In addition to being a Dental Assistant, Maureen also worked for the Pilot Publishing Company in Boston, and eventually went to work for Raytheon Technologies where she met her beloved husband Ed.

Maureen and her late husband Ed were very active in Masonic organizations. She was a 34-year member of the Aletheon Chapter, Order of Eastern Star in Woburn. Although she never held an active office, her contributions to the Chapter were

Maureen felt she couldn't sit still through a meeting so instead she put her passion for cooking to work and handled all the organization's dinners for many years, especially those for

Installation and Official Visitations. She continued with her love of cooking for others until only recently.

In recognition of her dedication to the Order of Eastern Star, in 2020 she was appointed by the Worthy Grand Matron as Grand Representative to West Virginia. She was also a member of the Daughters of the

Maureen would often put her cooking skills to work, assisting with lunches and baking for fairs. She also catered many funeral collations, and was always willing to help bereaved families in their time of need.

Maureen had a gift of caring for others, and would help older friends who found themselves in need of assistance with their personal

Feisty and independent, Maureen loved her beloved Red Sox, appreciated good music, loved animals - especially her several special canine companions - and considered her friends and neighbors to be family. She had a tremendous heart and talent for caring for others. She will be greatly missed by all who were fortunate enough to know her.

Maureen is survived by two sisters, Patricia Sawyer and her husband David of Pittston, Maine, and Sue Padilla of Westbrook, Maine: and one brother, Timothy Maloy and his wife Cathy of Westbrook, Maine.



She is also survived by one niece, Christine Morris and her husband Aaron; three nephews, Timothy May, Ryand nephews, Hudson, Rowan, Emerson, and Coburn Eli May.

Visiting hours were at the Arlington Road, Woburn on the funeral home on Wednesday at 10 a.m., followed by interment at the Wildwood Cemetery in Wilmington. A reception followed at the Woburn Masonic Lodge, 17 Arlington Road, Woburn.

made to the Shriner's Hos- replied, "no thanks." pitals, 51 Blossom St., Boston, MA 02114

High School.

in the military Frank attended North-

to Operations Manager.

Contributions in Mau- had a car; he asked Maria if reen's memory may be she wanted a ride and she

## Francis P. 'Frank' Mauriello

Served in US Air Force during Korean War

Francis P. "Frank" Mauriello, age 90, a long-time resident of Wilmington, passed away surrounded by his loving family on Nov. 6. 2022

Frank was born on April 6, 1932, in Medford; he was the son of the late Francis and Erika A. (Jansson) Mauriello. Frank grew up in Medford and graduated from Medford

At the young age of 17, Frank enlisted in the United States Air Force on July 20, 1950. He worked as a radio controller during the Korean War. After three years of dedicated service, Frank was honorably discharged an Maloy, and Joseph Ma- on Sept. 8, 1953 and return-loy; and six great-nieces ed home to his family. Frank remained patriotic for his entire life; he was Morris; and Zachery and always proud to have served

Graham Funeral Home, 3 eastern University, where he earned his degree in Bu-Tuesday, Nov. 8 from 4 - 7 siness Administration. He pm, with an Order of Eas- went to work in the finance tern Star Service at 6 pm. A department at the Kemper funeral service was held at Group. Through hard work and dedication to the company, Frank was promoted

Frank met "the love of his life," Maria J. (VanKeymeulen) at a bus stop. It was treacherous rain and Frank

Not wanting to seem pushy, Frank drove off and left Maria in the rain. The next day at Kemper, Maria realized that Frank was her coworker. The rest was history; they were married for over

Frank and Maria lived in Burlington for a few years before moving to Wilmington in 1968, where they raised their two boys, Steve and Bob.

Frank loved Wilmington; it was a great place to raise his family. Frank became involved in the community. Frank was a member of the Methodist Church; his favorite event was selling the Christmas trees. He loved watching how excited the kids got to pick out the tree. Frank would help the families wrap up the tree and load it onto the cars.

sonality; he was warm and welcoming to everyone he met. He loved to spend time with his children, grandchildren, and extended family. Frank was known as "Papa" to everyone.

Frank had a wonderful per-

Frank was the beloved husband of the late Maria J. (VanKeymeulen) Mauriello. devoted father of Stephen Mauriello and his wife Karen and Robert and his wife Darlene all of Wilmington, loving "Papa" of Bob Mauriello of North Andover and Amanda Welch and her husband Michael of Wilming-



ton, "Great-Papa" of Owen Welch. Frank was also a loving "Papa" to many.

Family and friends will gather for visitation at the Nichols Funeral Home, 187 Middlesex Ave., (Rt. 62), Wilmington on Sunday, Nov. 13 from 1 - 4 p.m. A Funeral Service will be held at the Wilmington United Methodist Church, 87 Church St., (Rt. 62), Wilmington on Monday, Nov. 14 at 11 a.m. Interment with Military Honors will follow in Wildwood Cemetery, Wilmington.

Memorial donations in Frank's name may be made to the Wilmington United Methodist Church, 87 Church St., Wilmington, MA 01887. www.nicholsfuneralhome

.com

#### Daniel C. 'Danny' Tello Pile Driver for Union Local 56

Daniel C. "Danny" Tello, age 70, a life-long resident of Wilmington, passed away on Nov. 2, 2022

Danny was born on Nov. 27, 1951, in Medford; he was the son of the late Daniel and Irma L. (Murphy) Tello. Danny was raised in Wilmington and graduated from Wilmington High School.

Danny married Deborah J. (Jerrett) Tello on March 26, 1982. They settled in Wilmington, where they raised their three children, Daniel, Melissa, and Stephen. Danny and Deb had many memories together until her pas-

Danny was a very hard worker; he worked as a Pile Driver for Union Local 56 for many years. He also worked as a welder for Dave Cronin. Danny went to work every day to support his family; he was extremely devoted to both his job and

While at home, Danny enjoyed relaxing after a long day. He looked forward to cooking Sunday dinners and cooking on the grill. He was low-key and just loved being home. Danny's special nights included "take out" and



spending time with his kids. After Danny retired, he kept a regular routine, which included coffee, newspapers, driving trips around

the town, and weekly phone calls to family and friends.

Danny was the beloved husband of the late Deborah J. (Jerrett) Tello, devoted father of Melissa N. Tello, Stephen J. Tello both of Wilmington and the late Daniel J. Tello, brother-inlaw of Charles Jerrett of Saco, ME, Nancy Barnes and her husband Richard of Destin, FL and Elizabeth Duke and her husband Peter of Bangor, ME.

Family and friends gathered for Visitation at the Nichols Funeral Home, 187 Middlesex Ave., (Rt. 62), Wilmington on Monday, Nov. 7 from 4 - 7 p.m. A Funeral Service was held at the Funeral Home on Tuesday, Nov. 8 at 10 a.m. Interment

followed in Wildwood Cemetery, Wilmington.

Memorial donations in Danny's name may be made to Moose Charities, 155 N International Dr, Mooseheart, www.nicholsfuneralhome

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#### William K. 'Bill' Robinson Avid collector of Coca-Cola memorabilia

William K. "Bill" Robinson, 69, of Derry, NH passed away Monday, Nov. 7, 2022, at Parkland Medical Center after a period of declining

Bill was born Nov. 4, 1953, in Lowell, and was a son of the late Willard and Helene (Cook) Robinson. He was raised and educated in Tewksbury. Bill has been a resident of Derry since 1986.

Bill worked as a machinist with TRW for more than 20 years, before becoming a truck driver. He drove for several companies and finished his career with Ryder. Bill's hobbies included watching television, enjoying a Diet Coke, and spen-

ding time with his family.

He was an avid collector of

Coca-Cola memorabilia, and loved nostalgia and traditions.

He is survived by his loving wife of 38 years, Thelma (Serpa) Robinson, two sons, Joel E. Patterson, Sr. and Michael T. Patterson, Sr. and his wife, Jennifer Patterson, and his daughter, Samantha J. Robinson.

Also, among his survivors are his five grandchildren, Joel Jr., Michael Jr., Bryce, Kaylee, Harleigh, and his brother Gerald F. Robinson.

After cremation, -visiting hours will be held Monday, Nov. 14, 2022, from 5 to 7 p.m. at the Peabody Funeral Homes and Crematorium 15 Birch St., Derry. A graveside service will be held Wednesday, Nov. 16, 2022, at 11 a.m.



at Forest Hill Cemetery in E.

To send a condolence, please visit www.peabodyfuneralhome.com.



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# PINION=

## Letters to the editor

#### Support Wilmington's seniors at Town Meeting

To the editor, On Nov. 19, 2022 at 9 a.m.

we will be gathering at Wilmington High School for a special Town Meeting to vote on two articles. One will be to approve the building of a new Senior Center. For too many years we have promised our senior's a new Senior Center but failed; time has come to approve this proj-

What better way to say thank you to the seniors of Wilmington than to give them a new center to gath-

er and enjoy time with others. Seniors have built and cared for our town for many years, have always supported the building of new schools, playgrounds and supported our children. Always active in our community supporting our town. Now is the time we support them.

Please join me on Nov. 19, 2020 at 9 a.m. and say YES to a New Senior Center.

> As always Selectman Gary B. DePalma

#### Senior center should be source of pride for town

Dear editor:

I am writing as a strong proponent of the new Wilmington Senior Center, which will be voted on at the special Town Meeting on Saturday, Nov. 19 at 9 a.m. at the high school. I encourage all of us to go and support our Wilmington seniors at this crucial

My mother regularly attends the various programs and events at the Wilmington Senior Center, originally built in 1935 as the former Buzzell Elementary School. The staff does a fantastic job at the current Senior Center, but the space is small, and as noted, horrifically out dated.

As a result, the programs offered are limited, and sometimes our own seniors end up seeking alternative, out-of-town programs at neighboring communities; a travel challenge during the long, winter season.

Having a facility that meets the needs of people now and also the needs of our town's future seniors over the next 10, 20 and 30 years from now, is both in-

tegral and vital to the health and circle-of-life within our community. Many of our Wilmington seniors have lived here for 40 to 50+ years, and have raised their entire families in town.

Our town's Wilmington Senior Center should be a source of pride that depicts how our whole Wilmington community respects, reveres and honors our elders, while simultaneously encouraging a new generation of lifelong Wilmington residents, all with a vested interest in the continuing betterment of our entire town.

Let's really show our community spirit, respect and support, by showing up to vote YES for a new Wilmington Senior Center. Please join us at the special Town Meeting on Saturday, Nov. 19 at 9 a.m. at the high school.

Sincerely, Michelle Carideo Feeney Optimistic and future member of the New Wilmington Senior Center

#### New senior center needed as town expects huge increase in senior population

Dear residents of Wilmington,

As our slogan goes -"It's our Time" and what an exciting time it has been. It started back in 2016, when Assistant Town Manager, at the time, Kendra Amaral and Planning/Conservation Director Valerie Gingrich came to our Elderly Commis-

sioners meeting on Sept.

15, 2016. They discussed and shared the information for the Facilities Master Plan for the town. This meeting set the seed that there was a need for a new senior center and the Elderly Commission anxiously

awaited the results of the Facilities Master Plan. On Jan. 18, 2018 — a presentation of the Facilities Master Plan was given to the Town of Wilmington, in that presentation a new Senior Center was seen as a "major municipal facility investment" and "to be advanced in 2022."

This information was the steppingstone that got plans in motion for a new senior center.

There were a group of older adults that are referred to as the "Focus Group." This group started to visit local new and/ or renovated senior centers in the area. At these visits, there was a list of questions that were developed and a summary on each visit was presented to the group - construction costs, square footage, number of elders in community, parking outside space — just to give a few examples. We then took a closer look at concerns of

the current senior center. The Elderly Services Commission presented these findings to the Wilmington Board of Selectmen on Dec. 16, 2019. The following was the history the Commission shared about the Buzzell Senior Center. It was repurposed in 1986 from the Buzzell School that was built in 1935.

This 87-year-old building is showing its age - and the programs and events have outgrown the space. In fact, we have two programs that need to be held out of the Senior Center

### Want your opinion heard?

We LOVE your letters!

Send Letters to the Editor to: office@yourtowncrier.com.

All submissions must be accompanied by full name, address, and daytime contact information

for verification purposes. Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.

# Ready to fall back? When you change your clocks,

## check your alarms

STOW - With the end of daylight savings time on Nov. 6, Massachusetts fire officials issue a seasonal reminder to check your smoke and carbon monoxide (CO) alarms and change the batteries when you change your

"Working smoke and CO alarms are crucial home safety tools," said State Fire Marshal Peter J. Ostroskey. "As we 'fall back' this weekend, be sure you have the best protection by putting fresh alkaline batteries in alarms that use them and replacing alarms that are out of date.'

Today's smoke and carbon monoxide alarms have the manufacturing date printed on the back of the device. Smoke alarms should be replaced when they're 10 years old, and CO alarms should be replaced when they're five to seven years old, depending on the model. Unless you have newer alarms with 10-year sealed batteries, this is also a good time to replace the alkaline batteries in all your alarms. Remember to test your smoke and CO alarms once a month to be sure they're working properly.

**Heating Season Brings** Carbon Monoxide Hazards

Shrewsbury Fire Chief James Vuona, president of the Fire Chiefs Association of Massachusetts, emphasized the importance of working carbon monoxide alarms as we enter the colder months.

"Carbon monoxide is the leading cause of poisoning deaths in the United States, and heating equipment is the main source of carbon monoxide in the home,' Chief Vuona said. "We can't see, smell, or taste carbon monoxide. Working CO alarms are the only way to detect this invisible killer."

**Replacement Alarms** Should be Photoelectric With 10-Year

**Sealed Batteries** Replacing your old smoke alarm? The Massachusetts Comprehensive Fire Safety Code requires replacement battery-operated smoke alarms in older one- and two-family homes to be photoelectric and have 10-year, sealed batteries and a hush feature. This makes it less likely that someone in the home will use the batteries for another device, forget to change them twice a year, or remove them when cooking causes smoke in the kitchen.

"Disabling a smoke alarm puts you, your

loved ones, and everyone in the building at risk," said State Fire Marshal Ostroskey. "Never remove batteries from a smoke alarm except when putting fresh ones in."

> Alarms Should Be Listed by an **Independent Lab**

Massachusetts requires that all smoke and carbon monoxide alarms be listed by a nationally recognized testing laboratory such as Underwriters Laboratories (UL) or Intertek (ETL). Listed devices will have the laboratory's mark on the back. In recent years, fire officials have seen a number of smoke and carbon monoxide alarms that were purchased online and either have counterfeit marks or no mark at all.

"If the price seems too good to be true, then it probably is," said Chief Vuona. "Smoke and CO alarms are important home safety tools. If you're purchasing a new alarm, we recommend choosing one from a wellknown, national brand."

Create & Practice a Home Escape Plan

"In the average house fire, you could have less than three minutes to escape after the smoke alarm activates," said State Fire Marshal Ostroskey. "Creating and practicing a home escape plan that includes two routes out will help you make the most of that precious time to get outside before poisonous gases and heat make escape impossible."

"Working smoke alarms and a practiced home escape plan are among the most fundamental and important tools for surviving a fire," said Chief Vuona. "Be sure everyone in the home knows what to do and where to go when the alarm sounds, including young children, older adults, and persons with disabilities.'

Senior SAFE

Adults over 65 are at disproportionate risk of dying in a fire at home. Hundreds of fire departments across Massachusetts have grant-funded Senior SAFE programs that may provide assistance with alarm installation and testing. Seniors who need help testing, maintaining, or replacing smoke alarms should contact their local fire department or senior center for assistance.

For more information on smoke alarms or the Senior SAFE program, visit www.mass.gov/dfs or contact your local fire department.

### Come vote for new senior center at Town Meeting

Dear editor,

I started taking my mother to the senior center after my father died, so she

could begin a new chapter of her life without him. She met many people and, eventually, settled into a



and held at the Fourth of July Building. The population of Wilmington's older adults 60 and older in 2010 was 4,045. By 2020, the population increased by 1,969 or 49 percent for a total of 6,014 elders. The projected elder population for 2030 is 7,979 — a 1,965 or 24.6 percent increase from 2020.

In conclusion, the elderly population in Wilmington is projected to nearly double from 2010 to 2030 by 3,934 or 97 percent in a 20-year period. It is time

Book Stew Review

to have a new Senior Center for the Town of Wilmington. As you can see from above there has been a lot of time and dedication from the residents to show that need.

Due to the growth of our population and the inability to maintain programs and events in the constraints of our current building, we ask that you say YES to a new Senior Center.

We look forward to seeing you on Saturday, Nov. 19, 2022 (meeting starts at 9 a.m. - Doors open at 7:30 routine that involves playing cards, knitting hats for veterans, and attending the special programs the senior center offers.

But that's not why I'm writing.

Lots of people have told me they support a new senior center, and that's awesome. But "supporting" a new senior center and voting for it are two

different things. Voting is especially important if you are FOR the senior center. Why? Because a 2/3 majority of those in attendance is required to pass it. If there are 150 people in the room, then 100 people or more have to vote for it... or else.

You can't vote by mail at Town Meeting. There is no app on your phone. You have to go, in person, to the

a.m.) at the Wilmington

High School auditorium.

Our theme for the Wil-

mington Department of

Elderly Services is "Bet-

ter Together" - lets con-

tinue to pull together as a

strong community on Sat-

urday, Nov. 19, 2022. Thank

Terri Marciello

**Elderly Services** 

Director of

you for your support.

high school on Saturday, Nov. 19. The doors will open before 9 a.m., so plan on getting there early to get a good parking space.

No car? No problem. Call the senior center at 978-657-7595 before Wednesday, Nov. 16. They're collecting names of people who need rides. Or carpool with friends. Any registered voter of Wilmington aged 18 or older can vote at Town Meeting.

This is a special Town Meeting. Unlike the regular Town Meeting which is held in the spring, this one contains only two warrant articles up for your vote: a new senior center, and a new town hall/school administration building. That means you can fulfill your civic obligation and still have time for grocery shopping, watching college football, or whatever else you do on a typical Saturday.

After three solid years of meetings, requests, reports, interviews, and a ton of preliminary preparation, it all comes down to your vote on Saturday, Nov. 19. Take a minute, right now, to put a plan in place to get to Town Meeting. Good intentions are not enough. Let's make this dream a reality.

Debra Russo

## Town Urier

#### Tewksbury - Wilmington

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by Angie Cruz

'How Not To Drown

In A Glass Of Water'

Those of you elders who fondly remember The Education of H\*Y\*M\*A\*N K\*A\*P\*L\*A\*N, by Leo Rosten, a delightful book featuring the trials of a Jewish immigrant learning English, will thoroughly

By EILEEN

MACDOUGALL

enjoy this one! Our heroine, 55-year old Cara Romero, escaped from domestic violence in the Dominican Republic to an apartment building in Washington Heights, NYC,

and is working with a career counselor to improve her English and to find a better paying job.

However, Cara already HAS a job, and a very important one: to be the building mother for all her friends and relations — to support them and to simultaneously make them crazy. She's a glorious character, and every one of the 12 chapters holds an incredible adventure for Cara and for the reader, spiced with plenty of laughout-loud moments.

## Lifestyle

## POMEGRANATE

## an underrated fall fruit

By HEATHER BURNS **News Correspondent** 

hen one thinks of the bounty of fall harvest many fruits and vegetables come to mind.

Fall is known for such produce as apples, squash and of course, the quintessential fall pumpkin. These fruits and vegetables have become synonymous with the fall season, as they are at peak flavor and freshness from September through the winter

However, the more exotic fall produce, the pomegranate, is also at peak flavor for the relatively short season of September to November, offering unique flavor, texture and nutrition.

Although many equate the pomegranate more with the winter holiday season (as they are often still available in stores through December) the pomegranate is a true fall harvest produce.

Pomegranates require a lot of heat and sunlight to grow, making summer the perfect growing season, ending with of course, a fall harvest.

Originally from the Middle East, pomegranates are now grown in many mild temperature climates.

Those who have never experienced a fresh pomegranate, they are missing out on quite a treat, but this unusual fruit can the unadventurous eater.

Underneath the perfect hue of deep, autumn red skin, you will find a dense collection of edible, juice-encased seeds (a.k.a. pips).

Although it is perfectly safe to eat the thick skin or the white pithy part of a pomegranate, it is bitter, and most people choose to discard it. The most desirable part to consume is the juice and seeds inside.

To open a pomegranate, cut it in half, hold it over a bowl and tap the backside with a spoon to release the seeds.

The best description of a pomegranate flavor would be a sweet-tart flavor. Depending on the variety and the degree of ripeness, a pomegranate flavor profile can change from sugarysweet to bold and sour, much like a raw cranberry.

When purchasing pomegranates, look for large, heavy, deeplycolored fruit. Pomegranates that have these qualities will have a better proportion of clear, red juice and crisp pulp. The skin should be tough but thin, almost bursting with seeds.

To test for freshness, gently press the skin of the fruit. If it releases a powdery cloud, it is a sign of an overmatured pomegranate and will most likely be dry and not juicy.

Besides great taste and unique texture, the pomegranate boasts an impressive level of immuneboosting antioxidants, much

be a bit intimidating to try for more significant than the average fall apple or pear. The nutritional profile of the pomegranate is so impressive that it has recently been classified as a su-

Overall, pomegranates are low in calories and fat, but high in fiber, vitamins and minerals.

A half cup serving has only 72 calories, 1 gram of fat, 3.5 grams of fiber and 1.5 grams of protein.

They are also a good source of calcium, iron, magnesium, phosphorus, potassium, vitamin C

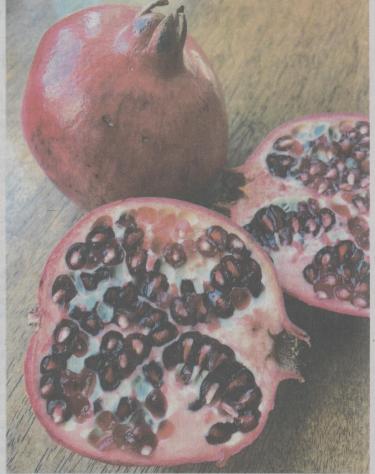
Rich in antioxidants, eating pomegranates is a great way to support overall health and help prevent disease.

In fact, studies show that adding pomegranates to your diet can help support a healthy heart, digestive system, urinary health, as well as improve endurance and recovery.

Keep in mind, although pomegranate juice has many of the same nutritional values, it will lack the fiber and vitamin C you will get from eating the fruit rather than just consuming the

It is easy to stock up on fresh pomegranate while it is readily available, as it has a fairly long shelf life.

Pomegranate can be kept at room temperature for 3 to 5 days, or refrigerated in a plastic bag for up to three weeks. Seeds can be kept frozen for 3 to 6



(Heather Burns photo)

Adding pomegranate to your daily diet is simple. The gemlike pomegranate seeds are easily incorporated into many dishes, adding extra flavor, color and nutrition to your everyday meals.

At breakfast, pomegranate seeds are easy to blend into yogurt, or top off pancakes and

Stir in a few spoonfuls to brighten up a boring bowl of oatmeal.

Toss pomegranate seeds with green salad or fruit salad for a colorful change at lunch time.

Pomegranate seeds make a perfect garnish for roasted or grilled meats, and incorporate

GRAND TASTING

well in many dessert recipes. You can even make cocktail hour nutritionally valuable as pomegranate seeds and juice blend well in sangria and many cocktail and mocktail recipes.

This fall, while getting your fill of pumpkin latte and apple crisp, don't overlook the refreshing sweet-tart taste of seasonable, fresh pomegranate. Adding this unique flavor profile and nutritional punch to your fall menu is a refreshing change from the old stand- by fall pro-

For easy recipes to incorporate fresh pomegranate into your diet, visit www.insanelygoodrecipes.com/pomegranate.

FOOD,

3:00-6:00

## Visit the Franco American **Grotto in Lowell**

By PAIGE IMPINK **News Correspondent** paige@yourtowncrier.com

On the bank of the Merrimack River, where the Northern Canal starts, is an interesting park that has re-opened to the public, evoking memories of a

time gone by. The scale version of the Grotto of Our Lady of Lourdes, a Roman Catholic pilgrimage site in France, was constructed in Lowell, near the Pawtucket Falls, in 1911. The grotto was recently restored thanks to a large effort of fundraising and community partnerships. A rededication service was held at the end of October.

The large structure replicates the holy stairs that Catholics believe were ascended by Jesus on the way to his trial, according to the interpretive signs. Statues and a wooden cross were imported from France for the original grotto, and the statues of the Ways of the Cross have now been relocated within the riverwalk and park. A memorial fountain, fresh plantings, and hardscapes create a peaceful and reflective experience for visitors.

The grotto is located on the grounds of the former Franco American school at 357 Pawtucket St. The property is a large, three-story ornate mansion built by Frederick Ayer in 1896. Ayer made his fortune in the patent medicine business. When Ayer moved to Boston, he eventually conveyed the property to the Sisters of Charity of Quebec which used the home as an orphanage and school.



▲ The former Ayers Mansion, built in 1876 along the Merrimack River, later became the Sisters of Mercy orphanage and subsequently the Franco American

The sisters oversaw the building of the grotto, along with a four-story addition to the house. Later, the building became the Franco American School of Lowell, which operated until 2016. The building was sold and renovated and is now 40 units of affordable and

market rate housing. There are several benches, a fountain, a metal memorial book which has pages describing the history of the grotto, the project, and lists donors. A grotto, or cave, has an altar where worshippers may leave candles in memory of a loved one.

On the day we visited, there were containers of ho-

ly water from Lourdes, rosary beads, and religious flyers. There is also a crypt where cast bronze plaques are affixed, recognizing donors and sponsors of

the project. The grotto is a

**▼**Fourteen Ways of the Cross were repositioned during the restoration of the Grotto and Stations in Lowell. (Paige Impink

photo)



(Paige Impink photo) lovely spot from which to

view the Merrimack River. If your travels take you to Lowell, be sure to swing by and appreciate the workmanship and restoration of this piece of local

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## Acupuncture & Wellness celebrates 20 years

## Founded on compassion, experience and science ....

BURLINGTON - Local acupuncturist, Min K. Jeon, of Acupuncture & Wellness Clinic has been changing the lives of her patients for more than 20

Jeon LIC.AC, uses her expertise from years spent studying Traditional Chinese Medicine as well her own experiences to treat her patients with empathy and compassion- relieving the symptoms of countless complex chronic conditions that many providers find too challenging to

"I know what it's like to be suffering and ignored by medical providers. When I was in college, I had PCOS and was taking birth control for years, as well as relentless allergies that were constantly inter-



fering with my life. I was

"When I eventually saw

the first provider to really hear me... Since then, I have made it my mission to be the provider that so many need, and yet so many fail to be," said Min Jeon LIC.AC of her introduction to the field when she was just 20 years old and her continued passion and drive to help others.

Min K. Jeon LIC.AC has successfully treated nearly one thousand patients each year since she founded Acupuncture & Wellness Clinic in 2002, treating and alleviating symptoms from fibromyalgia, chronic fatigue syndrome, migraines, peripheral neuropathy, allergies, chronic pain, infertility, PCOS, and so much more.

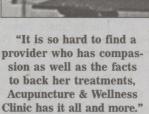
Countless patient testimonials make it clear that Acupuncture & Wellness

Clinic is changing lives each day.

"She saved my life..." "She saved my life, truly. I had developed peripheral neuropathy after undergoing chemotherapy. I beat cancer but I couldn't participate in any of the things I previously loved about my life anymore... Every provider I saw before seeing Min K. Jeon LIC.AC had just told me there was no way to reverse my neuropathy and that I had to learn to live with it. After my third treatment at the Acupuncture & Wellness Clinic I was able to walk with my husband without stopping... I couldn't believe it, and that was just the beginning. I'm back to my old self now and have been symptom free for two years," said Beth, who has been a patient with Acupuncture & Wellness Clinic for neuropathy for three years.

"She gave me my life back, I only wish I had gone sooner instead of spending

so many years suffering" "My fibromyalgia first showed up when I was about 35. The pain would flare up a few times each vear, so my doctors told me I was lucky and offered no relief options. Right after I turned 40, my symptoms flared up, but never eased off. I was in constant pain for a year before I finally found the Acupuncture & Wellness Clinic. Jeon LIC.AC sat down with me and answered every question I had, she cared about helping me before she even knew me. Within 2 weeks of treatments, my fibromyalgia pain was reduced by over 50 percent and after a month of treatment I was back to feeling like myself. She gave me my life back. I only wish I had gone sooner instead of spending so many years suffering," said Paul, who has been going to the Acupuncture & Wellness Clinic for a year.



"I never imagined I'd struggle to get pregnant, but it seemed like as soon as my husband and I decided we were ready- my body had decided otherwise. I went through years of heartbreak and a constant cycle of providers who made me feel like I was doing something wrong before my Aunt suggested I go to see her acupuncturist, Min K. Jeon LIC.AC. During my consultation, Jeon LIC.AC and her staff made me feel comfortable and safe-Jeon LIC.AC listened to me and assured me she would help me to finally become a mom. The pain of infertility had really worn me down, but as soon as I met the Acupuncture & Wellness Clinic team, I felt hope I hadn't in years. After a few months of treatments, I was finally pregnant.. This was several years ago now, and today I can say that I have the family I dreamed of for so long. I still see Min K. Jeon LIC.AC occasionally for headache treatments, and she has met all 3 of my

kids. Min K. Jeon LIC.AC and her team at Acupuncture & Wellness Clinic helped my dreams come true and I will always be endlessly grateful for that. It is so hard to find a provider who has compassion as well as the facts to back her treatments, Acupuncture & Wellness Clinic has it all and more," said Deb of her infertility treatment experience at Acupuncture & Wellness Clinic.

For each of these testimonials, there are hundreds of stories similar. Many of whom have not yet found a provider to offer them the relief they need. Min K. Jeon LIC. AC and her team at Acupuncture & Wellness Clinic are changing the way chronic disorders are perceived. Patients are shown their life on the other side of their diagnosis, rather than just living in the

The patient experience that you deserve is with Acupuncture & Wellness Clinic. Take the first step to get back to living your life. Mention this article to receive a complimentary thorough consultation with Min K. Jeon LIC.AC.

(781) 221- 0162 Admin@awclinic.com WWW.AWClinic.com



seeing new providers each week - all of which either did not have answers, or worse ignored my pain entirely." said Min Jeon LIC.AC, who suffered for years before she decided to try acupuncture treat-

an acupuncturist, I felt immediate relief for the first time. Beyond that, it was

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**LEGAL NOTICES ARCHIVE** 



TOWN OF WILMINGTON **BOARD OF SELECTMEN** 

A Public Hearing to provide an open forum for the discussion of local property tax policy with reference to classification for FY 2023 taxation purposes will be held at the Town Hall on Monday, November 28, 2022

Interested taxpayers may present their views on classification policy at the hearing or in writing until 4:30 p.m. on that date

Judith L. O'Connell, Chairman Board of Selectmen 221392 11/9,16,22

LEGAL NOTICE



**COMMONWEALTH OF MASSACHUSETTS** THE TRIAL COURT **PROBATE AND FAMILY COURT** 

**Middlesex Probate** and Family Court 10-U Commerce Way Woburn, MA 01801 (781) 865-4000

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. MI22P5668EA

Estate of: Carole A. Hill Date of Death: 05/16/2022

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Deborah Stevens of Bradford MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Deborah Stevens of Bradford MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised adminis-

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 12/02/2022.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

#### UNSUPERVISED **ADMINISTRATION UNDER** THE MASSACHUSETTS **UNIFORM PROBATE**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of

WITNESS, Hon. Maureen H. Monks, First Justice of this Court. Date: November 4, 2022

Tara E. DeCristofaro Register of Probate LEGAL NOTICE



**TOWN OF TEWKSBURY BOARD OF APPEALS** 

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on November 17, 2022 at 6:30 P.M. in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by William Penny on behalf of Daniel Oerth, for a variance under Section 5.3.2, of the Tewksbury Zoning Bylaw, for front setbacks and a Special Permit under Section 8.1.1.C to alter a previously nonconforming structure in order to rebuild a 20'x22' garage & add a second level as shown on plans filed with this Board.

Said property is located at 9 Bemis Circle Assessor's Map 108, Lot 25 zoned Residential.

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on

Nancy Rego, Chair 221375 11/2,9/22 **LEGAL NOTICE** 



**PLANNING BOARD** 

**PUBLIC HEARING** 

SIGN SPECIAL PERMIT

Notice is hereby given that the Tewksbury Planning Board November 28, 2022 at 7:00 P.M. in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Tree House Brewing Company for a Sign Special Permit pursuant to Section 6.2 of the Tewksbury Zoning Bylaw to install exterior signage at the three existing buildings on the site, including replacement and new signage, as shown on plans filed with this Board.

Said property is located at 1880 Main Street & 85 Livingston Street, Assessor's Map 85, Lots 45-UB01 & UB03, zoned Mixed

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the applimunity Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org.

Stephen Johnson, Chairman 11/9,16/22

Upcoming local events

Wednesday, Nov. 9, Tewksbury Garden Club Holiday Home Program with Kathy Leva, Tewksbury Country Club, 7 p.m., Tickets \$25 tewksburygardenclub@gmail .com or at the door.

Wednesday, Nov. 9, Affordable Housing Workshop 6 - 7:30 p.m., Tewksbury Public Library, 300 Chandler St., Help gather input for the Town of Tewksbury Housing Production Plan for 2022-26.

Thursday, Nov. 10, Tewksbury Veteran's and Spouse Light Breakfast, 9 - 11 a.m., Senior Center. Reserve a spot at 978-640-4485. Transportation available. Call 978-640-4480 x 292 and leave a message.

Thursday, Nov. 10, Tewksbury/Wilmington Elks Free Senior Citizen Drop In Turkey Dinner, 6 p.m., 777 South St., Tewksbury.

Friday, Nov. 11, Tewksbury Veteran's Day Ceremony, 11 a.m., Town Common, 1009 Main St.

Thursday, Nov. 17, 5 p.m. TSEPAC at the Police Sta-

tion. Please join us at the Tewksbury Police Station for an open house designed especially for us. There will be opportunities to meet the police officers, dogs, and see inside police vehicles, as well as talk about ways the police can support our families.

Tuesdays and Thursdays, 10 a.m. and 2 p.m., Wilmington Town Museum, Harnden Tavern, 430 Salem St. (Route 62), Wilmington

Saturdays, 12 - 4 p.m., Middlesex Canal Museum, 1 Faulkner St, North Billerica, middlesexcanal.org



TOWN OF TEWKSBURY **BOARD OF APPEALS** 

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on November 17, 2022 at 6:30 P.M. in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by James & Cheryl Tarpey for a variance under Section 5.3.2, of the Tewksbury Zoning Bylaw, for rear setbacks & lot coverage and a Special Permit under Section 8.1.1.C to alter a previously nonconforming structure in order to construct a 39' x 32.5' addition as shown on plans filed with this Board.

Said property is located at 60 Bay State Avenue Assessor's Map 83, Lot 156 zoned Resi-

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice

Nancy Rego, Chair 11/9/22 221364

#### Sen. Finegold secures \$250K for veterans' housing development in Tewksbury

BOSTON — Working with municipal officials and partners in the House of Representatives, State Senator Barry Finegold (D-Andover) successfully filed an amendment to the Legislature's economic development bill to allocate \$250,000 for a new veterans' housing development in Tewksbury.

The project will create 21 permanent veterans' housing units and will also prvide wrap-around services, such as job training programs, mental health and substance use stabilization services, and other support systems. The project is being developed by Soldier On, a national nonprofit committed to ending veter-

ans' homelessness. "I'm thrilled to support Soldier On's project, which will expand affordable housing opportunities and provide essential services for our local veteran community," said Sen. Finegold. "Too many times, we have asked brave men and women to go into harm's way to keep us safe without making sure they receive housing, healthcare, and other assistance when they return home. I'm proud to have partnered with Soldier On and local leaders to secure \$250,000 in crucial funding for Soldier On's housing development in Tewksbury, and I can't wait to see this project come to fruition." "I'm very glad that the

collaborative advocacy of the state legislative delegation has resulted in over \$600,000 in state funding for Tewksbury in the economic relief package, which includes money for veterans housing and reimbursement for Fire Department services to the State Hospital," said Representative Tram Nguyen (D-Andover).

CODE (MUPC)

221397 11/9/22



**COMMONWEALTH OF MASSACHUSETTS** THE TRIAL COURT PROBATE AND **FAMILY COURT** 

MIDDLESEX DIVISION

INFORMAL PROBATE **PUBLICATION NOTICE** 

Docket No. MI22P5086EA Estate of: **Muriel Irene Coleman** 

Also Known As: Muriel I. Coleman Date of Death: 1/19/2022 To all persons interested in the above captioned estate, by

Will has been admitted to informal probate Sheila Coleman of Cambridge MA has been informally appointed as the Personal Representa-

tive of the estate to serve without

surety on the bond.

Petition of Petitioner Sheila

Coleman of Cambridge MA a

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the

Petition and Will, if any, can be

11/9/22

221391

obtained from the Petitioner.

221386

**LEGAL NOTICE** 



**COMMONWEALTH OF MASSACHUSETTS** THE TRIAL COURT **PROBATE AND FAMILY COURT** 

MIDDLESEX DIVISION

INFORMAL PROBATE **PUBLICATION NOTICE** 

Docket No. MI22P5401EA Estate of: **Edward John LaSpina** 

Date of Death: July 9, 2022 To all persons interested in the above captioned estate, by Petition of Petitioner Michael J

LaSpina of Littleton MA

surety on the bond.

Michael J LaSpina of Littleton MA has been informally appointed as the Personal Representative of the estate to serve without

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner

www.masspublicnotices.org

## Baker-Polito Administration announces step in behavioral health help line implementation

BOSTON — The Baker-Polito Administration announced that the Massachusetts Behavioral Health Partnership (MBHP) has been selected as the exclusive clinical provider for the Behavioral Health Help Line. A key component of the implementation of the Commonwealth's Roadmap for Behavioral Health Reform, the Help Line will act as an accessible "front door" to treatment, enabling Commonwealth residents to easily find available providers and services that meet their needs.

Set to launch in January 2023, the Help Line will offer a single point of contact for residents to receive real-time support, initial clinical assessment, and connection to the right mental health and SUD evaluation and treatment, regardless of insurance status or ability to pay. The phone and chat line will offer real-time clinical triage and service navigation to help individuals and families access the range of treatment for mental health and addiction offered in the Commonwealth, including outpatient, urgent motion, so that all Masand immediate crisis intervention.

Importantly, MBHP has committed to placing a particular focus on historically underserved communities, and the Help Line will be accessible in more than 200 languages to strengthen the connection to behavioral health services across the Commonwealth.

"Our Administration, in close collaboration with the Legislature and community partners, has made it a priority to ensure that Massachusetts residents can access the treatment they need, when and where they need it," said Health and Human Services Secretary Marylou Sudders. "The Behavioral Health Help Line will provide residents with a much-needed clinical front door to treatment - with one phone call, text, or web chat, individuals will have access to a variety of services, including mental health assessments and referrals. MBHP will compassionately and effectively set the Help Line in sachusetts residents can receive the high-quality, accessible behavioral health care they deserve."

In February 2021, the Baker-Polito Administration launched the Roadmap for Behavioral Health Reform — a multi-year blueprint, based on listening sessions and feedback from nearly 700 individuals, families, providers and other diverse stakeholders who identified the need for expanded access to treatment, more effective treatment, and improved health equity.

The Behavioral Health Help Line is a critical piece of the Roadmap, that will help people connect with a provider before there's a mental health emergency, for routine or urgent help in their community, or even right at home.

The Help Line will work in concert with other components of the Roadmap for Behavioral Health Reform, including providing individuals with warm handoffs to Community **Behavioral Health Centers** 

set to open in January 2023 offering same-day evaluation and treatment referrals, timely follow-up appointments, and evidence-based treatment for mental health and SUD.

Starting in early January, any Massachusetts resident in need of a clinical assessment and support will be able to access the Help Line 24/7 via phone and text at 833-773-BHHL, as well as online at masshelpline.com. Every call, text, or chat conversation will include clinical follow up.

"The Behavioral Health Help Line will offer significantly more than traditional information and referral lines," said Department of Mental Health Commissioner Brooke Doyle. "This Help Line team will be staffed by trained behavioral health responders who will take the time to assess the needs of the people seeking help, will assist with navigation of the system, and will also remain in contact with the caller to ensure that they have successfully connected with a provider. The ability to offer appropriate treatment to every resident whenever and wherever they need it — has always been our mission. We look forward to working with MBHP to make this a reality."

Under the direction of the Department of Mental Health, MBHP will become accredited as a 988 Suicide and Crisis Lifeline center and the Help Line will also work in close collaboration with the existing 988 line to receive warm handoffs of individuals in need of clinical assessment, assistance booking an outpatient appointment, and connection to outpatient providers.

"The Behavioral Health Help Line will give individuals a centralized resource for behavioral health support," said Sharon Hanson, Chief Executive Officer of the Massachusetts Behavioral Health Partnership (MBHP). "Individuals will now have reliable, 24/7 access to clinical staff, online or by text, chat, or phone - a completely new pathway to support. We are proud to help to provide this vital resource which will enable wo more people to receive help, and when and where they need it most."

**About MBHP** 

The Massachusetts Behavioral Health Partnership (MBHP) manages behavioral health care for more than 500,000 Mass-Health members statewide. Working with its network of more than 1,200 id behavioral health providers, MBHP offers high quality, accessible, culturally sensitive health care in the Commonwealth.

### First Winter Tree Walk event

The Tewksbury Open Tree Walk event. Space and Recreation Plan Committee welcomes all Tewksbury nonprofits and town departments to participate in the first Winter

From Nov. 25 - Jan. 1, 2023, decorated spaces will appear along the trails at Rogers Park, the Pinnacle Trails, and the Chandler Well Fields.

Deadline for participation is Friday, Nov. 11, 2022. Contact pfimpink @comcast.net to participate.



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Please contact Marie Altieri 781-721-7003

# Registration open for seventh grade Project Explore at Shawsheen

BILLERICA - Shawsheen Valley Regional Vocational Technical School District will host its annual Project Explore program for seventh grade students starting in January. This program will be offered three times in coordination with Shawsheen's sending middle schools.

Registration is rolling admission and is open online at ShawsheenTech org. Space will fill on a first come-first serve basis, and a waiting list will generate once capacity is reached.

Project Explore is a free quality after-school program offered to seventh grade students who reside in Shawsheen's school district: Bedford, Billerica. Burlington, Tewksbury, and Wilmington. This program provides students with an opportunity to discover career options through exploration of six out of the 20 vocational-technical programs offered as majors at Shawsheen.

The program runs for three weeks and is held on Tuesday and Thursday afternoons, from 2:15 4:45 p.m. Bus transportation is provided from each sending middle school to Shawsheen, with complimentary drop-off service near the attendees' home (stops are determined prior to the start of each session).

The session dates are

as follows: • Session 1 (Billerica): JAN 10, 12, 17, 19, 24, 26 • Session 2 (Burlington & Wilmington): JAN 31 + FEB 2, 7, 9, 14, 16

• Session 3 (Bedford, Hanscom, & Tewksbury): FEB 28 + MAR 2, 7, 9, 14,

The 2023 Project Explore season will feature the following programs: Advanced Manufacturing, Autobody, Automotive, Bakery, Carpentry, Cosmetology, Culinary, Dental Assisting, Design and Visual Communications, Electrical, Graphic Arts, Health Assisting, Metal Fabrication, and Plumbing. Programs are subject to change, and students are assigned to rotate through programs at random.

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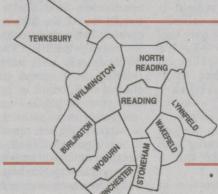
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A-8 WEDNESDAY/THURSDAY, NOVEMBER 9, 10, 2022

MIDDLESEX EAST appearing in Daily Times – Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield).

Lynnfield Villager, No. Reading Transcript, Wilmington & Tewksbury Town Crier, Stoneham Independent Up to 140,000 Readers each Wed./Thurs.



Middlesex Canal Boat esex East

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Zoning legislation to facilitate China Moon redevelopment...

## Stoneham rushes to comply with new 'MBTA Community' regs

By PATRICK BLAIS

Town officials and citizens in Stoneham wasted no time in setting aside the needed by-right multi-family housing acreage to come into compliance with the state's new "MBTA Communities" regulations.

During a Special Town Meeting in Town Hall in the middle of October, Stoneham voters floated a new overlay district around a 7.6-acre strip of commercial land on Route 28 heading towards Reading for mixed-use residential and multi-family housing.

As explained by Stoneham Planning Board veteran Kevin Dolan, the new overlay district will directly facilitate a proposed condominium redevelopment of Stoneham's landmark China Moon site while simultaneously ensuring compliance with the new state housing mandate.

"This article will bring the town, if not into compliance, then very, very close to compliance with 40A (3A). It's a recently passed law enacted by the state legislature that allows for more housing," explained Dolan, referring to the exact section of Mass. General Law that is impacted by the MBTA Communities requirements and the larger package of state mandated zoning reforms.

"At the last Town Meeting, we passed a zoning change for Fallon Road [that helped us include 36acres of land in a separate mixed-use housing district]. This new area is about 7.6 acres and goes along Main Street from Elm Street to Collincote. So think of China Moon and Hugo Harrington's up to Elm Street,"

Dolan added. Prominent town businessman John Melkonian, whose family owns the nearby Stoneham Ford dealership, reportedly paid \$9.25 million for the 3-acre property at 170 Main St. in order to block another denser housing development from

moving ahead on the site under the state's Chapter 40B statutes.

A cultural icon of sorts in town, the family-run China Moon restaurant first opened its doors in 1953 and served generations of Stonehamites before shutting down months after the arrival of the COVID-19 pandemic in 2020.

In total, 72 ownership condominiums, including 21 single-bedrooms and 52 twobedroom dwelling units, are reportedly being eyed for the old restaurant site. Stoneham Ford has also taken over a second strip mall style building adjacent to China Moon and converted the space into an office use.

Because the commercial parcel sits in Stoneham's Highway Business District, where multi-family housing is prohibited under current town regulations, Melkonian needed a zoning change in order to move ahead with the redevelopment.

A bigger housing vision

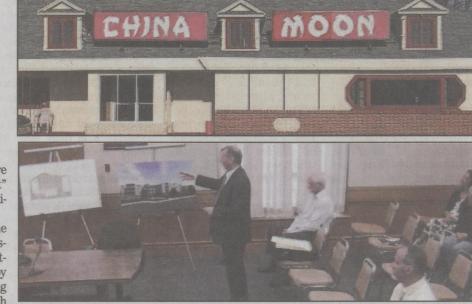
Asked this summer to render a recommendation in regards to the China Moon proposal, Town Planning Director Erin Wortman approached Stoneham's Select Board and elected planners in August with a pitch to rezone the entire 176-acre "Highway Business District" district for by-right multifamily housing.

Hoping to settle the MBTA Communities question once and for all, Wortman explained that by including properties along either side of Route 28 with a separate 36-acre mutlifamily housing overlay off of Fallon Road, Stoneham would be virtually assured compliance with the mandate.

The so-called "housing choice" regs, enacted as part of a larger economic development and zoning reform bill passed by the state Legislature in 2021, aims to spur the construction of up to 344,000 new apartments, condos, and mixed-use housing projects across Massachusetts over the next 20 years.

Heading into the recent Town Meeting, Stoneham officials were under the impression the town would need to size its new by-right housing districts to allow for the construction of up to 2,032 new dwelling units. However, under revised "minimum capacity" standards promulgated by the Mass. Executive Office for Housing and Economic De-

**ZONING** TO A-12



LANDMARK DEVELOPMENT - Above, in a recent meeting, Stoneham attorney Charles Houghton pitches a proposed condomininium redevelopment at the former China Moon restaurant site off of Route 28 in Stoneham to Stoneham Planners. The new overlay district will directly facilitate a proposed condominium redevelopment at the former landmark site.





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Wilmington ORTS

WEDNESDAY, NOVEMBER 9, 2022

## Wildcat Hall of Famers



On Saturday night, the Wilmington High School Athletic Hall of Fame event was held before almost 300 people at the Wilmington/Tewksbury Elks Hall. Due to COVID and the absence of the event two years ago, this year's class was bigger than normal, including 12 individual athletes, one coach and two teams. Above are the 12 athletes and one coach, which includes back row from left, Chris Calway, Lisa Southmayd MacKenzie, Laurie Southmayd Gallucci, Brittney McLaughlin Willard, Amy Fahey King, Mark Boudreau, Coach Mike Pimental and John Parsons; bottom row from left, Vinny Scifo, Stephen Stewart, Billy Harrison and Caleb Rogers. The two state championship hockey teams from 2011-'12 and 2012-'13 were also inducted. We are going to run that photo with the two team's write-ups which will be appear in either next week's edition or the week after. On Page B2W of this week's edition, is the profile on Vinny Scifo. The remaining profiles of Fahey, McLaughlin, Parsons, Rogers and Pimental will also in appear over the next two weeks. (photo by JoeBrownphotos.com).

### Fundraiser for the late Mike Ippolito, to raise money for six scholarships

The Town Crier Sports Department is pleased to announce a "Mike Ippolito Basketball Memorial Jamboree" fundraising event will be held a TMHS on December 11.

This event, as well as another fundraiser which will be held after the New Year, will help raise money for six scholarships to go to be awarded to a male and female senior athlete from Wilmington, Tewksbury and Shawsheen Tech in honor of Mike Ippolito, the 20-year sportswriter of the Town Crier who passed away last

The jamboree will feature the boys and

team will play a 16-minute game with MIAA certified officials, with the games starting at 8:30 am and running each hour with the last one set for 12:30.

There will be a \$5 general admission charge, a 50-50 raffle and a silent auction. We are seeking donations from the public/local businesses to help us with the Silent Auction and possibly a business to sponsor the event.

If you can not attend but would like to donate, you can do so through Venmo at: Town-Crier-Sports.

Any questions, feel free to reach out to Town Crier Sports Editor,



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#### Hall of Fame Profile

## Scifo one of the selected few to leave WHS for D1 College program

By JAMIE POTE Sports Editor

jamiepote@hotmail.com WILMINGTON - There's many outstanding multisport athletes enshrined into Wilmington's Athletic Hall of Fame. There's a lot of three sport athletes, and a handful of two. Vinny Scifo not only was a two-sport athlete, but he simply dominated in both basketball and baseball, and he did so in just five combined seasons due to a year-long injury that came in his third game of his senior year of hoop and kept him out of diamond play.

In basketball, Scifo still ranks in the top-ten all-time in scoring and he did that as a sophomore and a junior, as well as a handful of games between being a late call-up as a freshman and those three games as a senior.

In baseball, he was an all-around terrific player, between pitcher and shortstop, as well as at the plate. He left WHS and earned a Division 1 scholarship to play baseball at UMass-Amherst, where he had a terrific career, which included playing games at Fenway Park.

While his shoulder injury from high school didn't define who he was as an athlete, it certainly became a big part of his career. The way he was going after his junior year in both sports, makes you wonder exactly how dominating he really could have become and what accolades he would have earned had he stayed healthy?

healthy?
"I can now look back at senior year as a great learning experience," said Scifo. "It was very unfortunate getting injured but it taught me a lot. Specifically, that nothing is guaranteed and it does-

n't do any good to dwell on what could have been. It forced me to shift my mindset on getting healthy for college and to only focus on things you can control."

The injury kept him from becoming a 1,000 point scorer, joining the other elite players Winston Fairfield, Mike Lombard and Eric Swiezynski, who accomplished it before Scifo arrived at the school and then Connor Bennett, who did it after Scifo left.

"Scoring one-thousand points would have been a very cool accomplishment. I had a lot of high hopes for that season both individually and as a team but it is what it is," he said. "Injuries are a part of sports and dwelling on things that could have been doesn't do anyone any good. All you can do is learn from them."

While the senior season and the 1,000 points were taken away from Scifo, what he did earn during his playing days was simply remarkable. In basketball, he earned those four varsity letters, which included hitting two late free throws to lift Wilmington past North Reading in a state tournament game.

The following year as a starter, he averaged 16.5 points per game and was named to the Cape Ann League's All-Conference team. As a junior, he averaged 18.3 points per game, again being named to the All-Conference team. He played those three games as a senior and finished his career with 801 points.

"I think Vinny has been the best athlete in this school in the past three years," said former boys' hoop coach Joe Maiella back in January of 2012

**Remaining Hall of Fame Profiles** 

Over the next two weeks, the Town Crier is hoping

to finish the rest of the Hall of Fame profiles which

includes Coach Mike Pimental, the two state cham-

pionship hockey teams, as well as individual ath-

letes including John Parsons, Caleb Rogers, Amy

Fahey and Brittney McLaughlin.

when Scifo was named the Town Crier's Male Athlete of the Year. In addition to that, Scifo was named to both the Town Crier's All-Time Basketball and Baseball teams

Baseball teams.

"I think he dominates two sports," Maiella also previously said. "He's probably been one of the top four or five basketball players to go through this program in the past twenty years. He's just a natural scorer, he's so athletic and just a great hid.

and just a great kid. "I just think the kid can flat our score. He takes good shots, his field goal percentage is over 55 percent over the last two years and that's unheard of especially for a sophomore or junior guard in high school. He doesn't take a bad shot. His midrange game is excellent. If there's one weakness in his game it's probably his inconsistency with the three-point shot. He's just so in control when he's on the court. He's a game changer. Teams have to prepare for him because he's a game changer and can completely change games around. Then on top of that, he gets open shots to his teammates because he's unselfish. His athletic ability is just through the roof.'

After being a contributor down the stretch to the 16-6 team in 2008-'09, Scifo was an important part to the team's success, the next two years as the 'Cats finished 12-9 and 17-4, losing in the first round of the Division 2 North Sectional tournaments to Dracut and then Winchester. All in all, he participated in four state tournament games.

"Basketball had a lot of great memories. Getting called up to Varsity as a freshman and being able to have an impact in the playoffs that year is something I will always remember," he said. "From a team perspective, I think that it was very cool that our team from fifth grade basketball through high school basically stayed in tact. We had a great group of guys and being able to



On Saturday night, Vinny Scifo was one of the 13 individuals to be inducted into the WHS Athletic Hall of Fame. In high school, Scifo was a standout baseball and basketball player. (file photo).

compete with them for almost eight years was awesome and something that is pretty rare."

While that was pretty rare, so was it that a kid from Wilmington High went on to play D1 at the collegiate level. As good as Scifo was in basketball, he was the complete package in baseball.

age in baseball.

"He is the heart-and-soul of our team," said former WHS Baseball coach Aldo Caira in the same Athlete of the Year article. "He is the fuel that starts the engine. Athletes like him are very special and don't come around that often. He's got great skills, he's very teachable, a great leader and an even better teammate."

In baseball, Scifo was a starter as a freshman, and also earned Cape Ann League All-Conference honors as a sophomore and a junior. That junior season, he was the team's No. 1 pitcher, winning four games. In 44 innings, he walked just five batters, while striking out 34. Defensively, he was very strong with the glove and arm playing shortstop. He converted 99-of-104 plays.

At the plate, he was the team's lead-off hitter, who led the team in hits with 26, doubles with six, as well as RBIs and stolen bases. He batted .352 for

the season and had a slugging percentage of .477.

Among his highlights was belting a home run in the state tournament game against Beverly.

"Baseball had a ton of great memories as well. I was very appreciative of all the older guys who took me under their wing and showed me the ropes in my first couple of seasons," said Scifo. "Hitting a home run in what I believe was my last at bat of my high school career in Beverly (is a great memory). Dennis Ingram and myself had a nice laugh on the phone a few months back because he was coaching first base and we both still think the ball may have bounced over the wall. But hey I'll take the home run."

After high school, Scifo went on and played four years at UMass-Amherst. After graduating, he has since become a Real Estate Agent. He is looking forward to Saturday's event, and said there's a long list of people he needs to thank for making it happen.

"I would really like to thank all of my coaches both in basketball and baseball," said Scifo. "It starts well before high school so I'd like to thank my middle school coaches first. My little league coach Mike Ciampa, summer baseball coach Adam Wnukowski, and middle school basketball coach Chuck Osgood. They really got me started and made me believe that I could have a successful

athletic career.

"Moving on to high school, I would like to thank Coach Tom Woods and Jim McCune for prepping me and giving me an amazing opportunity as a freshman. Same goes for coach Aldo Caira who took a risk and put trust in me at such a young age and also Joe Maiella who allowed me to be myself and give me the freedom to perform.

"Also, Scott Patterson, who was my high school summer baseball coach, was monumental in my pursuit to play college baseball. I would also like to thank my friends and teammates, without them none of this would have been memorable.

"I can't forget my parents who basically put their life on hold for me to pursue my athletic dreams. From taking me to countless practices, games and always being my biggest supporters. I'd also like to thank the Hall of Fame Committee of course for voting me



In basically two years, Vinny Scifo scored over 800 points and is still among the top ten scorers in program history. (file photo).



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#### Wilmington College Round-Up

## Figueiredo helps Bears grab top seed in NCAA Tournament

By JASON COOKE **Sports Correspondent** 

sports@yourtowncrier.com It is that time of the year where many fall collegiate seasons are winding many down. and Wilmington players have enjoyed successful seasons for their respective

#### **WOMEN'S SOCCER**

Starting off on the soccer fields, for the ninth time in the past 12 NCAA Tournaments, the Lenoir-Rhyne Women's Soccer Team is dancing and Wilmington resident Stephanie Figueiredo is a part of that. The Bears earn the No. 5 seed and are set for a rematch with No. 4 seed Limestone on the campus of Columbus St. Game date and time are to be determined and the winner of that game will take on the winner of No. 1 seed Columbus St. and No. 8 seed North Georgia in the second round.



STEPHANIE FIGUEIREDO

The Bears earned an atlarge bid after an 11-3-3 season and another SAC regular season title, their eighth all time with all of those coming since 2010. To earn the title, the Bears defeated Catawba,

After that, the Bears defeated Newberry, 1-0 in the SAC quarterfinals. Figueiredio registered an assist in that game. Then Lenoir-Rhyne was defeated by Limestone, 2-1 in the semi-finals.

The SAC also recently announced its post-season awards and Figueiredo was named to the league's Second All-Conference

On the season, the midfielder has a goal and

three assists.

At Bridgewater State, both Tori Gemellaro and Jenna Sweeney helped the Bears receive the No. 2 seed into the MASCAC tournament with a 10-5-2 regular season record. The team drew a bye before getting upset by Fitchburg, 2-1.

Sweeney, a freshman, has played in 18games this season, starting in ten of them and notching a goal and an assist. Her first collegiate goal came on October tenth vs. Worcester State in a 2-1

Cassidy Collins, a senior Roger Williams University, started in 16 of 21 games played this season as the team advanced to the CCC semifinals following their quarterfinal against Gordon Saturday. There in the semi-finals, they were defeated by Western New England, 3-2, in a game decided by penalty kicks.

At RIT, sophomore Amber Flynn started in all 18 games for the Tigers. Recently, the Tigers beat Vassar 3-1 in Liberty League Quarterfinals. The team received an at-large bid to the 2022 NCAA Division III Tournament and will host first and second games round this Saturday and Sunday with Johnson and Wales (R.I.) on Saturday (Nov. 12) at 3:30 p.m. at Tiger Stadium after Amherst (Mass.) and Westminster (Pa.) square off at 1:00 p.m. The winners advance to Sunday's second round at 3:00 p.m.

RIT will make its fourth Tournament NCAA appearance and first since 2018 after also making the 2012 and 2013

Aly Colantuoni at SNHU has started in their last two games as a junior to combine with her nine other games played. Their season just ended after losing 3-0 to top seeded Saint Rose in the NE10 championship game.

Kaitlyn Maguire at St. Thomas-Aquinas started 16 games as a freshman. The team finished with a 5-10-3 record after falling to D'Youville 2-1.

Junior Tess O'Connell at URI recorded an assist in 18 games played. URI finished 3-9-6 with a loss to



THEA ALBERTI

Dayton on October 23rd and a win vs. George Mason on October 16th.

Thea Aliberti, a senior at Colby-Sawyer, notched two goals this season. She played all 90 minutes and added a shot against Lasell in their 4-0 loss in the GNAC quarterfinals. She was just named to the GNAC All-Conference Team. Alberti's Third defensive presence was essential to the Chargers backline after starting in all 17 games she played

#### **WOMEN'S TENNIS**

On the tennis courts, Colby-Sawyer women's tennis has just capped off a season for the ages. Senior Emily Hill won 9 of her 13 matches this season, including a perfect 6-0 conference record in the GNAC. Hill's impressive season earned her a spot on the GNAC Second Team Singles.

Recently, Colby-Sawyer took down Regis College in the GNAC Conference championship by a score of 5-1. It is the third time in four years that the Chargers can proclaim championship status within their conference.

Hill scored the third point for Colby-Sawyer in her singles match by scores of 6-0 and 6-2.

Due to their conference championship, the Chargers earned a bid in the NCAA Division III National Championship Tournament this May.

#### **FOOTBALL**

On the gridiron, sophomore Shane Roberts of Nichols had 33 tackles this season, including a season high ten in a 42-21 loss to Salve Regina where he led the defense in tackles. Nichols is 3-5 as they

search for their first conference win at Husson on November fifth. His older brother Tyler

Roberts, a senior at Merrimack, has played in five games this season. On Saturday, Merrimack was able to stay undefeated in NEC play as they beat Stonehill 17-10.

On the season he has four catches for 39 yards. Freshman Pedro Germano at Curry has appeared in two games where he posted two tackles. Following their 48-7 loss to Endicott last week,

Curry sits at 3-6. Also at Curry, junior Bailey Smith appeared in nine games, notching 57 tackles. He had seven tackles and forced a fumble against Endicott in the loss.

Closing out the football roundup, freshman Marcello Misuraca at Norwich recorded a tackle on Saturday in a 20-15 loss at WPI. Misuraca was a three-time league all-star and defensive MVP at Wilmington High School last year.

WPI is 3-5 on the year after suffering a 1-3 month in October with losses against Springfield, Catholic, and Merchant Marine.

At Bentley, junior Dean Nally has played in six games, recording three tackles. On October 22nd, they defeated Southern Connecticut 24-3 marking their fourth straight victo-

On Saturday, Falcons were upset by AIC, 18-10.



**DEAN NALLY** 

#### **FIELD HOCKEY**

The Johnson & Wales University field hockey team captured its secondstraight Great Northeast Conference Athletic Championship (GNAC) with a 3-1 win over Simmons University Saturday afternoon at the Miracle-Gro Athletic Complex.

Graduate student Jillian Miele of Wilmington scored a pair of goals including the game-winner early in the third and senior Margaret Johnson added an insurance marker late in the fourth. The wins sends the Wildcats to the NCAA Tournament for the second-consecutive sea-

Miele has recorded 25 goals and 18 assists this year for the Wildcats. An accomplished player, she set a program record last year for most points at 146, as well as most single season goals (26), assists (14), and points (66).

Junior goalie Jocelyn White has had a successful season at Regis College. She appeared in 14 games and posted a 3.76 GAA and .648 save percentage.

In their final game, White recorded a seasonhigh 14 saves in a 6-1 loss to Colby Sawyer, marking the ninth time in her career where she has saved ten or more shots in a game. Their 3-13 record did not qualify for post-

#### **VOLLEYBALL**

On the volleyball court, junior Maeve Cadogan posted 129 kills and 77 digs for Worcester State this season.

On October 27th, Cadogan led the defensive effort, leading the team in blocks with four in a 3-0 victory over Island.

Recently, the Lancers lost hopes of a first round bye due to a 3-2 loss to Framingham State. They finish as the four seed, and play Bridgewater State on Tuesday.

#### GOLF

On the links, Connor Hill has been having a successful season Manhattanville. Valiants just finished their season with a second place finish in the Skyline Conference Championship.

The sophomore finished the two-round tournament with a score of 162 (+22). On day one, he shot a +13 83, where he had a much better day two with a four shot improved +9 79. He parred 10 holes.

On October 21st, he had a team best 78 (+8) and had a finish where he was tied for sixth place in the Farmingdale Skyline Invitational.

#### WINTER SPORTS WOMEN'S HOCKEY

Lauryn Hanafin stopped 26 of 29 shots as the goalie of the Stonehill Women's Ice Hockey team in the team's 3-1 loss to St. Anselm held on Saturday.

#### **MEN'S HOCKEY**

Freshman Garrett Alberti scored his first collegiate goal for St. Anselm, who were defeated 4-3 by Post played this past Friday night.

A Graduate of the Tilton School, Alberti played junior hockey for the Islanders Hockey Club and the Valley Warriors. He was named to the Honor Roll and also participated in the U18 USPHL All-Star Game and was a selection to the East All-Star Second Team.

He is the brother of Thea, mentioned earlier in the soccer section.

## Wingate, Fighting Irish, also seed first in D1 NCAA Tournament

INDIANAPOLIS - For the first time since 2008, the Notre Dame women's soccer team has earned a No. 1 seed in the NCAA Tournament. Therefore, the road to the 2022 College Cup runs through South Bend as the Irish could host up to four Alumni games at Stadium.

The top-four seeds in the South Bend quadrant are as follows: No. 1 Notre Dame, No. 2 North Carolina, No. 3 Stanford and No. 4 Michigan State. Up first, the Irish will play Summit League Tournament Champion Omaha (7-8-6)on Saturday, Nov. 12, at 2 p.m. ET.

Wilmington resident Olivia Wingate, a graduate student-athlete on the team, is second in offense with 11 goals and 5 assists

in 19 games. The Irish enter the Big Dance with a 14-2-3 record and have not lost since Sept. 25. They went 4-1-3 against the top-25 and finished with the No. 4 rated RPI. A win this weekend would give Doug & Lisa Jones Family head coach Nate Norman his most victories at the

helm. Notre Dame cleaned up in the end of season ACC awards - winning Coach of the Year, Midfielder of the Year (Korbin Albert) and Defender of the Year (Eva Gaetino). In fact, Albert is making a strong

push for the Hermann Trophy - scoring 11 goals over the last eight

"One seed is a great validation for the work we've had to do," Doug & Lisa Jones Family Head Coach Nate Norman said. "You can't look ahead because there's so many good teams in our bracket. Right now, the focus is on Omaha and how to get past that game.

"Being at home is great and just going through the normal routine. Plus, having soccer in South Bend in November and forcing southern or western schools to travel here could give us an edge."

For the 28th time over the last 30 years, the Irish are dancing in the NCAA Tourney. Notre Dame's overall postseason record sits at 70-23-4, which ranks as the third most wins behind UNC (139-17-4) and Florida State (72-18-4). UCLA is right

behind with 69-21-5. The Irish boast three NCAA championships, which is tied for second most - 1995, 2004, 2010 and five runner-up finishes (1994, 1996, 1999, 2006, 2008). All-in-all, they've qualified for 12 College

It's been a memorable year already for Notre Dame women's soccer going 4-1-2 against the nation's Top-25, which included knocking off two top-3 teams for the first



Wilmington resident Olivia Wingate will be making her final post-season run with the Notre Dame Women's Soccer (courtesy photo/ND Athletics). team starting this week.

ular season (No. 2 Virginia & No. 3 Florida State). Now, the Atlantic Coast Conference has taken notice in its end-ofthe-year awards.

Not only did Notre Dame earn its first 'of the Year' award, it brought

time during the same reg- home three! Doug & Lisa Jones Family Head Coach Nate Norman claimed ACC Coach of the Year. Sophomore Korbin Albert named Midfielder of the Year. Then junior Eva Gaetino was dubbed Defender of the Year.

In addition, Notre Dame tied its program record for most All-ACC team honorees with five (previously done 2016).

Olivia Graduate Wingate joined Gaetino and Albert on the First Team. Next, senior Maddie Mercado and

graduate goalkeeper Mackenzie Wood landed on the Third Team list. Lastly, Leah Klenke rounded out the Irish honors on the ACC All-Freshman Team list.





On the top left, Sarah Bryan competes for a loose ball and to the top right Caitlyn George moves up the field with the ball all during the WHS Field Hockey team's thrilling overtime win over East Bridgewater in the preliminary round of the Division 3 state tournament held at Alumni Field.

## In thrilling fashion, Wildcats first prevail over East Bridgewater in OT

By DAN ZIMMERMAN **Sports Correspondent** 

sports@yourtowncrier.com WILMINGTON -- In the 2021 MIAA Division 3 Field Hockey tournament, Wilmington was unceremoniously eliminated in the opening round, knocked out by Bishop Stang. Last Thursday night, the Wildcats righted the wrong, not only winning their first playoff game in five years, but did so in dramatic fash-

Scoreless through regulation and a pair of oversegments, time Wilmington squared off against East Bridgewater in a heart-stopping shootout. The Wildcats outscored the visitors, 3-1, to advance to the Round of 16 and a visit to No. 2 Gloucester.

The Wildcats path to the tournament was a rocky one. At first glance, the 5-12-1 regular season finish left them just short of qualifying for a post-season berth. Ranked 33, it looked as if Wilmington would miss the thirty-two team cut. But as the remainder of the regular season unfolded, several programs at the bottom of the bracket suffered defeats, lifting Wildcats up to No. 30. It was a classic case of get-

Wilmington earned home field, welcoming No. 35 East Bridgewater in last Thursday night. The 6-6-4 Vikings had won back-to-back games down the stretch of the regular season and it was enough to claim a playoff berth based on a rule that allows for teams with a .500 record or better to qualify for a play-in round.

At the outset, as the unseasonable warmth of the day turned rapidly chilly, East Bridgewater took control. The Vikings exhibited crisp ball movement and containment in the offensive zone. The Wildcats seemed tentative at first, and it wasn't until there was four minutes remaining in the opening quarter that Sarah Bryan put the first Wildcats shot on net. East Bridgewater goalie Cara Hancock kicked it out.

"I don't think it was from not playing," said Wilmington head coach Leanne Ebert, when asked if her team was rusty after ten days off. "I think it had more to do with nerves. It took five minutes for them to get in a groove. They pulled it together pretty quickly."

As time wound down on the first frame, co-captain Carina O'Donnell collectball into the circle. It was didn't take place until left in the second OT, before finally beating

the first real scoring threat by either team but was quickly neutralized when the East Bridgewater defense converged and re-gained con-

Minutes before the half, East Bridgewater midfielder Jacalyn Stella broke in and dribbled deep. Viking teammates trailing the play were slow to react to the rush, however, and she was soon broken up by Co-captain Ava DeProfio. Wildcats withstood another threat in the final seconds before the break, as the Vikings top player, Hope Newman, fired one that was earmarked for the net. O'Donnell knocked it down to pre-

serve the scoreless tie. "I felt that Carina O'Donnell had an exceptional game tonight," said Ebert of her senior midfielder, "The whole team played strong but she was

outstanding. In the third quarter, the Wildcats began to ratchet up their intensity. A shot from Isabella Piazza off a feed from Abigail Hassell nearly snapped the deadlock and later, Caitlyn George closed on the net and unleashed a nice bid only to be denied by Hancock.

early in the fourth when nearly delivered a game-Stella unleashed a backhander, which was turned aside by Wildcat goalie Alyssa Stack. A Vikings corner followed but it was well-defended.

With 2:12 remaining, Newman launched a hard, bounding shot that evaded the Wildcat defense. Stack was equal to the task, making a pad save to send the game to overtime.

The player contingent was reduced to six plus the goalie for the first OT. Ebert deployed Alexis Melvin, Laci Titterington, Bryan, Hassell, DeProfio, and O'Donnell. East Bridgewater presided over the ten-minute segment but it was the Wildcats Piazza who nearly won it with a laser from just outside the circle. Hancock squeezed the pads, making the initial stop but lost sight of the ball. She turned to look in the net, believing it had trickled in. Alerted by teammates that it was at her feet, she pounced just in the nick of time. Another Wilmington corner followed but Hancock had an unobstructed view of a Hassell shot.

Hope Newman possessed a devastating shot, hard and accurate, often from a distance. Throughout East the contest, she proved to

winner. From thirty-feet away, she tested Stack with a rocket. The goalie was equal to the task with a kick save.

"We definitely had a talk about her," said Ebert when asked about when Newman. "We watched where she was, and carefully decided who was going to match up with her. We made some changes to try and take her out of the equation."

As the combatants prepared for the shootout, fans in the stands made their way down to edge of the field to add closer support. A large contingent of Wildcat football players lined the track to cheer on the girls.

Newman, of course, was selected as the first Viking shooter and delivered. Hassell matched her, beating Hancock to even it at a goal apiece. Jordan Joseph was stopped by Stack and DeProfio made it 2-1 with her turn. Stack then denied Maggie Schlossberg, leaving it to O'Donnell to finish it off. Her shot rang off the left post, however, sending it back to East Bridgewater and Stella, who lost the battle with Stack for a then turned to Bryan, who ting "a little help from ed a corner and swept the Bridgewater shot on net be a nemesis and with 7:45 had three hacks at it

Hancock for the win and a trip to face No. 2 Gloucester.

"When I saw the goalie drop down, I knew I had the opportunity to lift it," said Bryan. "One-on-one is really stressful but it feels really good to be going to the next round."

"We practiced one-onones yesterday," said DeProfio. "As I went in for my shot, I just tried to remember what our coaches had taught us. We have to give Sarah Bryan credit for her effort."

Relatively untested during regulation, facing only a pair of East Bridgewater shots, Stack withstood the pressure and performed under the spotlight.

"We practiced shootout yesterday and it wasn't going well," admitted Stack. "I didn't think I would do as well as I did but obviously I'm happy about it. I was nervous but I pulled it off.'

"I felt it was an evenlymatched game," said Ebert. "Both teams played their hearts out. I asked of them that they leave it all on the field. I felt like they did. When I knew that it was coming to a shootout, I told them that whatever the outrebound. The Wildcats come was, I was so proud of them tonight."





To the left, Ava DeProfio and above Alexis Melvin control the ball during last Thursday's thrilling home playoff win. (photos by Bob DeChiara).

## No. 3 Fishermen sinks 'Cats in first round match-up

By JAMIE POTE **Sports Editor** 

jamiepote@hotmail.com GLOUCESTER - For the third time since 2017, the Wilmington and Gloucester Field Hockey teams have met in the state tournament, and on Sunday night, the No. 3 seed Fishermen had a hard time putting away the No. Wilmington Wildcats, not able to do so until the final ten minutes scoring two goals to prevail 4-1 in a first round match-up of the Division 3 state tournament.

Wilmington ends its season with a 6-13-1 overall record, which included the thrilling preliminary round victory over East Bridgewater played before

the home crowd last Thursday night. Gloucester improved to 15-1-3 on the season and advanced to the Sweet-16 of the tournament and will now host No. 14 seed Medfield.

In this Gloucester had 19 offensive corners, compared to two for the Wildcats. They also registered 12 shots on net compared to two for 'Cats. But Wilmington, as they had all season long, were tough, and tough on their sticks. Gloucester jumped out to a 2-0 lead, but the 'Cats made things interesting with a goal, before the Fishermen added two late ones in the final ten minutes to put the game

The 'Cats are now 1-2 in how the game went. It the three playoff games. In 2017, the 'Cats beat them 2-1 in overtime and advanced to the Division 2 North sectional semifinals, losing to Watertown, 3-0. In 2018, Gloucester defeated the 'Cats 4-0 in the first

"The corners wore us out a bit but the girls played hard and they fought until the end. The kids held their heads high and I heard them just now talking about how great this season was and stuff, so I couldn't be more proud of them," said head coach Leanne Ebert. "We had that fight right until the end. I don't think the score is any indication of how the girls played and was a 2-1 game up until (10 minutes left in the game). They were the number three seed and we were thirty, so we definitely competed and definitely gave them a run their for a while. They dominated the game (territorially and possession wise) but we held them off, we worked hard and we worked very well together as a team. We had a wonderful season and the girls all had wonderful attitudes. I am just super proud of all of them."

Trailing 2-0 with under four minutes to go in the third quarter, Wilmington senior co-captain Carina O'Donnell put home a rebound to cut the deficit

in half. The 'Cats continued to amp up its intensity, but just couldn't get anything going to find the back of the net one more

Goalie Alyssa Stack played well making eight saves, including a nice foot stop, while moving across the crease to her left. In front of her Abigail Hassell, Ava DeProfio and Ava MacGilvray all had strong games.

The loss ends the season and also the careers of 12 seniors including Sarah Bryan, Samantha Cronin, Ava DeProfio, Shae Fitzgerald, Kylie Gates, Caitlyn George, Ava MacGilvray, Katie Carina Manjourides, O'Donnell, Isabella

Piazza Titterington. The 12 of them were all part of the successful season, which included that dramatic penalty stroke overtime over win

Bridgewater. "The other night's (first round win over East Bridgewater) was just an amazing night, and an awesome win. I still have people coming up to me talking about how great it was. It was such a great way to start out the tournament and I really feel like it carried us into this (second game)," said Ebert, who will enter next season with 98 wins as a coach, which ranks second all-time in program history behind Hall of Famer Jan Cassidy-Wood

## Girls Soccer wins first playoff game, then falls to Danvers

By JAMIE POTE **Sports Editor** 

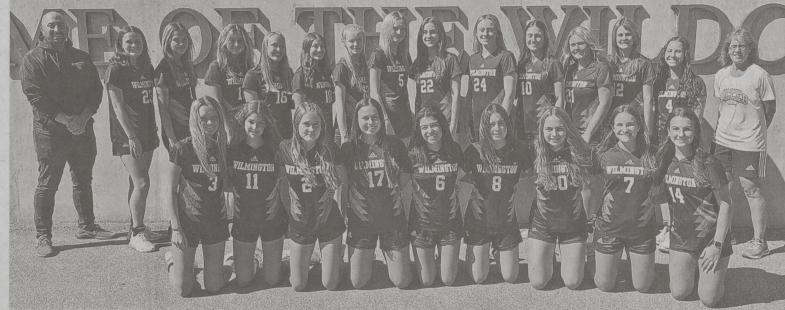
jamiepote@hotmail.com DANVERS - Heading into this season, no one really knew what to expect out of the Wilmington High School girls' soccer team. The Wildcats were coming off a successful season a year ago, going 1-1 in the new statewide tournament and basically lost ten starters off that club. It may have taken a

while to get the chemistry going and the 'Cats did struggle at times to put the ball in the opposing team's net, but when push comes to shove, this team enjoyed a terrific season, finishing 7-7-6 overall after the two tournament wins this past week, an 8-0 home win over No. 44 seed HS of Commerce out of Springfield, and then a 2-0 loss to the No. 12 seed Danvers played Monday Deering night at Stadium.

Wilmington played 20 games this season and only one time did an opposing team score more than two goals and that was a 3-2 loss to Stoneham. Of the 20 games this season, 13 of them ended either tied or was a one-goal difference, either as a win or a loss.

"We had some good pressure (against Danvers), especially in the first few minutes. Again like I've said before, I have never not once this year been disappointed by their lack of effort during a game. That's highly unusual (over a course of a season). It just shows the character of this team," said head coach Sue Hendee. "They don't give up, they play hard all of the time and they keep their heads in the game. There is a lot to be proud of. Like I said (last week) we had a big change in the team. I'm especially proud of the defense because we graduated almost our entire backline and they stepped in and did a really, really good job. We had one game this entire season where we gave up more than two goals in a game. Most games were one goal games. I'm just really, really proud of this team. The freshmen who played really played with a lot of poise.

Just a few seconds after Wilmington striker Molly MacDonald forced the Danvers keeper to make a diving save to her right, the Falcons' offense quickly moved the ball up the field. Behind tremendous speed, Georgia Prouty came streaking down the left side, before pulling the ball back on a defender and sliding a nice pass back to a wide open Eliana Anderson, who easily chipped in a



The WHS Varsity Girls Soccer team ended its season on Monday night with a loss to Danvers in the Division 2 state tournament. The team includes front row from left, Jill Collins, Lindsay Broussard, Cate MacDonald, Kassidy Smith, Emily Grace, Erin McCarthy, Ali McElligot, Alli Ganley, and Arianna Cook; Back row from left, Assistant Coach Shane Kligerman, Molly MacDonald, Ashley Mercier, Alle Delgenio, Erica Raimo, Annabelle Cook, Julia Archer, Jess Collins, Ella Wingate, Colleen Baldi, Katrina Riekstins, Lauryn Parr, Maeve White, Cameryn Forsyth and Coach Sue Hendee. (photo by JoeBrownphotos.com).

shot to the low left corner for what turned out to be the game winning tally.

Then nine minutes later, Anderson scored again. as her accelerated through the middle of the 'Cats defense before pushing the ball to the low left side. Trailing 2-0, Hendee called a timeout.

"We were really not prepared for that kind of speed right off the bat. We have decent speed in the back, but (Eliana Anderson and Georgia Prouty) were just a terrific combination," she said. "Danvers is young and this is going to be a really good team in a few years. He starts three freshmen and a couple of sophomores.

"(During the timeout) I just told them to slow Danvers down. You can't come rushing out against kids like this who have good ball control and at that speed and come flying in and try to tackle because they are just going to go around you. That's exactly what they did on those two goals. I also told them to focus on (Prouty) is just be aware of where she was on the

Wilmington did settle down. The offense started generate some chances, first with a corner kick and the ball Arlington and then D3 bouncing everywhere except the back of the net, and then two good bids in the final ten minutes, the first off the foot of Cate MacDonald before Jill Collins nailed the top crossbar on a shot from inside the '18, coming with three minutes left.

In the second half, Wilmington junior keeper Ashley Mercier made three great saves to keep the score at 2-0. She made a nice sliding stop, followed by a ket leg save - both off the foot of Prouty, before the 'Cats were called fort an infraction within the '6 yard box. That gave

and Mercier was up for the challenge, moving to her left and making a nice jumping save.

Mercier made seven saves in all. Playing well in front of her included Colleen Baldi and then upfront on the attack Molly MacDonald had several good bids.

#### FIRST ROUND WIN

Last Friday afternoon, Wilmington took care of business with an 8-0 win over HS Commerce of Springfield. Scoring the goals for the 'Cats included Cate MacDonald, Ali Ganley, Ella Wingate, Molly MacDonald, Katrina Riekstins, Cook, Alle Anabelle and Emily Delgenio Grace.

"As I mentioned before, this has been an odd year with the closeness of all of our games and there hasn't been a lot of substituting, so it was great to get everyone into the game today and great to see so many different kids score," said Hendee.

#### **SEASON RECAP**

Wilmington finished with the aforementioned 7-7-6 record, which includes 1-goal losses or against ties three Division 1 powerhouses with Winchester and power Stoneham.

"I think the reason why we did well this year was that this group was incredibly team oriented and selfless. Every girl on the team supported each other and understood the concept of team above self," said Hendee. "You would be surprised by the negative impact that a small number or even just a couple of players can have on a team by putting their own best interests above what is best for the overall team. The attitude on this year's team was fantastic, and really helped with our team's success. Beyond this, the parents

helpful and did a lot to eye on everything. made the season very enjoyable."

Hendee informed the team earlier this season that this would be her last as a head coach, dating back to when her career started with the 'Cats program in 1987 as an assistant before taking over the second coach in program history in 1988.

"This year was really a pleasure to coach these kids and I'm really glad that I came back (this one final year). It's been really nice co-coaching with Shane too. He has picked up a lot of responsibilities so it's been kind of a nice segue and we pretty much see eye-to-

step away. I'd like to stay on as an assistant so it's just going to be a change in frequency and commitment and I'm ready for that. When I retired from teaching, I knew that I was ready."

#### **ALL-STARS/SENIORS**

Hendee also announced that four members of the team were named to the Middlesex League All-Star team including Molly MacDonald, Jill Collins, Ashley Mercier and Colleen Baldi. MacDonald was also named to the second team of the Eastern Mass All-Stars.

The Danvers loss also

marked the final game support the program. It "I'm not going to totally for nine seniors including tri-captains Colleen Baldi, Jessica Collins and Cameryn Foresyth, as well as Anabelle Cook, Erica Raimo, Katrina Riekstins, Kassidy Smith and Ella Wingate.

(photo by JoeBrownphotos.com).

"Once again we're losing a big senior class, and once again we're losing our entire backline with the exception of Emily Grace, so that will again be a big transition for next year," said Hendee.

The Town Crier will have much more on Coach Hendee's 36 year career as head coach in next week's edition.



Danvers the penalty shot this year were extremely TIT MINUS

To the left, Wilmington's Ali McElligot carries the ball against Commerce and above right, Lauren Parr moves the ball through midfield during Friday's 8-0 win. (photos by JoeBrownphotos.com).

## Boys Soccer battles until the end, defeated 3-2 by Lynnfield

By DOUG HASTINGS **Sports Correspondent** 

dougahastings@gmail.com LYNNFIELD - In the end, the Lynnfield High boys soccer team topped Wilmington in the first round of the Div. 3 state tournament, but the effort by the Wildcats was certainly symbolic of what this group brought to the table this season according to veteran WHS coach Steve Scanlon.

"One thing I've always admired about this team is that even when they're overmatched in the Middlesex League a little bit, they always fight to the end," Scanlon said. "There is no quit in them, they battle hard every night against good teams and they did the same thing today."

Wilmington trailed 2-0 midway through the first half before rallying and eventually falling to the Pioneers, 3-2.

The Wildcats trailed 3-1 before senior Dillon McGrath converted a penalty kick 11 minutes into the second half. In the remaining 29 minutes, Wilmington had several chances to tie the score including a nice pass from Ben Marvin to senor Dominic Feeney for a shot, a blast from 20 yards away from junior Aidan Burke and a bid by McGrath that sailed just over Lynnfield's goal with



The WHS Boys Varsity Soccer team includes front row from left, Matt Steinmetz, Dan Lagunilla, Mark Donovan, Charles Maiella, Aidan Burke, John McNamara, Jonathan Foresyth, Ethan Kennedy, and Charles Rosa; back row from left, Ben Marvin, Austin Farrell, Mike Oatis, Robert Elliot, Dominic Feeney, Ryan Willson, Cooper Liosel, Dillon McGrath, Tom Sica, Lukas Charini, Patrick LeBlanc and Gilberto DaSilva. (photo by Joe Brownphotos.com).

13 minutes to go.

Senior John McNamara. junior Dan Lagunilla and junior Jonathan Foresyth also had scoring bids late.

Lynnfield senior Drew Damiani made a big clear away from the Pioneer goal in the closing moments.

"They did a good job battling back and we were storming the fort there (at the end)," added Scanlon, "but that's nice team over there. We knew they were a good team."

Freshman Rocco Scenna and sophomore Dillon Reilly gave Lynnfield the 2-0 lead early.

With 18:31 left in the first half, McGrath put the Wildcats on the board.

"Something that plagued us all year was scoring goals," Scanlon said. "In the Middlesex League it's tough anyways, not a lot of teams score a lot, but we really struggled to score. Only in the last quarter of the season did we really start getting a

couple of goals."

Before halftime, the Pioneers added an important goal that ended up being the game winner when sophomore Joel Anthony scored with just under three minutes left in the half.

"It wasn't pretty, but we won," said Lynnfield coach Brent Monroe. "Wilmington always plays hard. Nothing is easy with them."

"I'm proud of the way we battled," Scanlon said.

Defensively, WHS was led by senior Gilberto DaSilva, junior Robert Elliot and Burke while senior Ryan Wilson and

"It's the quality of how you play every match that's going to matter," Scanlon said. "Only one game in the regular season (was lopsided). We played Arlington 1-0, we tied Winchester 1-1, lost to Melrose by a goal both times. We battled some

junior Ethan Kennedy

also played well.

good teams." Scanlon said he'll miss

this group. "It's a good bunch of kids," he said. "They're hard workers and they

compete the whole way." Other seniors leaving the program Wilmington include Austin Farrell, Patrick LeBlanc, Charles Maiella, Cooper Loisel, Mark Donovan, Lukas Charini, Moaid Said, Tom Sica and Matt Steinmetz.

## Austin Prep names new Girls Basketball Coach

READING----Prep recently announced the appointment of Ushearnda Stroud as the school's next Head Varsity Girls Basketball Coach.

Coach Stroud takes the helm of the program after achieving considerable playing and coaching success, as well as experience on the AAU basketball circuit.

"As with any coaching position at Austin Prep, the best candidate will have the right experience, exceptional gifts, and be mission-aligned. We are fortunate to add an individual who brings a unique balance of these Athletics Patrick Driscoll "Coach Stroud's experience, appreciation of our School's mission,

Stroud are continuing their academic and basketball careers at UConn, Boston College, Marquette, Syracuse, Providence, Rutgers, Illinois, Richmond, Drexel, Brown, Dartmouth, Holy Cross, Sacred Heart, UMass Amherst, and the University of New

Hampshire. That list includes Brooks' first ever male or female Gatorade Player of the Year, Taina Mair, who is currently at Boston College.

Additionally, Coach Stroud is the Girl's Director of Mass Lady attributes, " Director of Rivals, an Adidas 3SSB program, and coaches the Lady Rivals National Gauntlet AAU Team. Outside of basket-

for entrusting me with the position of head girls bas-Prep,"

Austin who played for Coach of School James Hickey Stroud said. "I have great the NEPSAC and guide experiences coaching in the NEPSAC, and I am ketball coach here at excited to lead this pro-Coach gram in their transition to

the program towards continued success."

All of Austin Prep's athletic programs transitioned to the NEPSAC, beginning with the 2022-23 academic year.





On the left, Vihbush Sivakumar and to the right Isabella Zaya both in action for the WHS Boys and Girls Cross-(photos by JoeBrownphotos.com). Country teams from an earlier meet.

Ushearnda Stroud has been named the new Austin Prep Girls Basketball coach, and she is joined by Athletic Director Patrick Driscoll. (courtesy photo). and passion for developing the student-athlete makes her an excellent

Basketball Program." A Georgia native, Coach Stroud comes to Austin Prep from Brooks School, where she has served as the head coach since the 2018-2019 season. Most notably, she led the team to the New England Preparatory School Athletic Council (NEP-SAC) Class B title in 2019-20 and 2021-22, and was the NEPSAC Class B Coach of the Year in 2022, a year in which Brooks finished undefeated for the first time in school history.

choice to lead our Girls

Brooks also captured the ISL championship for the first time in school history during that undefeated 2021-22 year.

Prior to her time at Brooks, Coach Stroud held coaching positions at Watertown High School, Notre Dame Cristo Rey High School, Salem State University and

Lawrence High School. Recent student-athletes ball, Coach Stroud is the Executive Director of International Childcare, a non-profit organization whose mission is to provide inclusive and therapeutic educational services for families in Malden and surrounding commu-

Prior to her coaching and professional career, Coach Stroud played basketball collegiately and then professionally in Germany. She holds a Bachelor of Science degree from Sacred Heart University.

In addition to her coaching duties, Coach Stroud will also serve as Coordinator of After School and Summer Programming at Austin Prep.

Coach Stroud, who is on the Board of the NEPSAC Basketball Association, is enthusiastic about the opportunity to lead the Austin Prep Basketball Girls Program.

"I would like to thank Director of Athletics Patrick Driscoll and Head

Cross-Country teams get tune-up in before this weekend's state meet

jamiepote@hotmail.com WRENTHAM Saturday, a handful of members of the Wilmington High girls and boys cross-country teams participated in the annual Frank Mooney State Coaches Invitational Meet.

By JAMIE POTE

**Sports Editor** 

The meet was divided up into many different races. Starting with the sophomore girls, Charlotte Kiley was 11th in 21:22.2 and Addy Hunt was 16th in 22:49.7. In the freshmen girls race, Bella Zaya was 46th in 15:25.3 and Cayley Israelson was 61st in 17:11.6.

Then in Junior/Senior girls race, Hannah Bryson was 8th at 19:53.3, Mallory Brown was 29th at 21:38.2 and Mia Stryhalaleck was

72nd at 23:40.8. On the boys side, starting with the sophomores, collectively they finished third out of ten teams in the standings, trailing just Medfield and Wakefield. Dean Ciampa led the way as he was sixth in 18:09.9. He was followed by Gavin Dong, who was 11th at 18:35.1, David Dynan, who was 26th at 19:19.1, Vibhush Sivakumar, who was 35th at 20:09.5, Conor Burns, who was 48th at 20:48.1 and Spencer Bagtaz, who was 89th at

In the Junior/Senior Boys race, Wilmington finished 13th out of 19 teams. Leading the way was Jameson Burns, who was 45th in 18:17, Noah Carrier was 97th in 19:30.0, Roman Moretti was 101st in 19:32.8, Brayden Gorski was 104th in 20:27.4, Michael Dynan was 132nd in 20:27.4, Christian Niceforo was 155th in 21:06, Nathan Cardin was 190th in 22:25.2 and Nick Samaha was 212th at 23:45.3.

"It was a little warm and that may have affected some of the times," said head coach Joe Patrone.

"David Dynan had a twenty-four second personal best with his 19:19.1 in the sophomore race. Hannah Bryson had another good race with her 8th place finish in the junior senior race. The top thirty finishers in each race won medals and that includes: Charlotte and Addy in the Sophomore Girls race, Dean, Gavin and David in the sophomore boys race, and Hannah and Mallory in the junior/senior girls race."

This Saturday, both the boys and girls varsity teams will compete in the Division 2B State Meet to be held at Stanley Park at Westfield State College.

## 'Cats pick up first victory

By DOUG HASTINGS Sports Correspondent

dougahastings@gmail.com
DRACUT - That noise
that sounded like a giant
sigh of relief from the
area of Dracut High
School on Saturday afternoon?

It was a giant sigh of relief.

The Wilmington High football team earned its first win of the year in impressive fashion by a 43-7 score over the Middies, snapping an eight-game losing streak.

"We can take the 0-for out," smiled Wilmington High football coach Craig Turner. "We've played a tough schedule, but the kids have stayed at it, they really have. We don't have kids that miss practice or kids that just don't show up, these kids are here every day and they're willing to work. To see them get a game like today, I'm really happy for them."

The victory did expose one glaring coaching omission by Turner and his staff in the closing seconds as the Wildcats had trouble executing the victory formation just before the final horn sounded.

"That was an absolute nightmare," Turner laughed. "It's been a long time since we've had to talk about (the victory formation). That's down low on my list of stuff to cover."

Wilmington's schedule this season included games against six teams that eventually qualified for the MIAA playoffs, including two squads, Billerica and Wakefield, that had undefeated seasons. The Wildcats stayed competitive in several games, scoring 21 points against Arlington Catholic and 20 in a defeat at the hands of Watertown.

"Part of being a young team is that you have to learn how to win," said Turner. "A lot of guys got in today and lot of guys contributed. There was a lot of good stuff."

The good stuff started right away for the Wildcats, who took the game's opening drive 74 yards in seven plays before junior Dempsey Murphy barreled his way into the end zone from 18 yards out just four minutes into the contest. Junior Hunter Sands kicked the extra point to

make it 7-0.

A third-and-three run by senior quarterback Jacob Roque and a 24-yard pass from Roque to junior Michael Lawler set up the score. Senior Michael Ings also figured into the trip to the end zone, recovering a fumble by junior Julien Cella at the WHS 40-yard line early in the

drive.

The 'Cats got the ball back quickly. On third down of Dracut's first possession, a fumbled snap was picked up by Middie quarterback Ismael Zouaoui, who was quickly swarmed by Wilmington seniors Andrew Rivera and Peter Leblanc.

Cella returned Dracut's punt to midfield moments later.

Three plays later, Lawler took a handoff on a reverse and busted loose for a 43-yard touchdown run with five minutes still remaining in the opening quarter.

"We changed things up this week," said Turner. "We had kids play just one way, either offense or defense, and we really kind of took that time to drill down basic stuff, stuff that if you were playing both ways maybe you don't have time to work on those fundamentals. I think it paid off today. We have to keep at it and see how it goes."



Wilmington High senior quarterback Jacob Roque throws a pass during an earlier season contest.

(photo by Bob DeChiara).

The Wilmington defense did its job again on Dracut's second drive.

Leblanc made a big stop at the line of scrimmage on first down and, on third down, junior Antonio Smolinsky and junior Sean Brady combined to stop Dracut's Robert Truong for a 3-yard loss.

The Wildcats made it 21-0 with a 49-yard drive that ended with a memorable touchdown run by Murphy, who fumbled the ball, but saw it bounce right back into his hands before Murphy powered in from six yards out on the last play of the quarter. Murphy's highlight reel wasn't complete until he flattened Lawler as the two celebrated with a chest bump in the end

"He's tough," Turner said of Murphy. "He's really a special player and he brings that energy every day. He's a fun kid to be around. The more we work with him, the better he's going to get, He's going to be a tough kid to tackle."

Key plays during the possession included a 16-yard run by Cella, a 13-yard pass to Sands and an 11-yard run by Roque.

Murphy wasn't done.
As the Middies started their next drive, Murphy hit Dracut back Demitri Torres so hard with a tackle that Torres fumbled and the ball was recovered by WHS junior Nick Iascone at the 33-yard line, nine yards away from the tackle.

FOOTBALL B8W

### WHS Football Box Score and Stats

**WILMINGTON 43, DRACUT 7** 

Wilmington (1-8)		21	15	7	0	43
Dracut (1-8)		00	07	0	0	07
W:	Dempsey Murphy 18	run (Hun	ter Sand	s kick)		
W:	Michael Lawler 43 run (Sands kick)					
W:	Murphy 6 run (Sands kick)					
W:	Brett Ebert 12 pass	from Colin	Allard	(Sands k	kick)	
D:	Israel DeJesus 13 ru	n (kick go	od)			
XX7.	Jacob Roque 20 run	(I awlar m	nch)			

	Team Stats	Team Stats		
	W	D		
First Downs	12	7		
Rushes-Yards	27-140	33-97		
Pass-Att-Int	5-11-0	2-6-0		
Passing Yards	71	3		
Total Yards	211	100		
Penalties-Yards	5-51	1-5		
Fumbles-Lost	2-0	2-1		

Julien Cella 5 run (Sands kick)

**Individual Stats** 

Passing: Wilmington, Jacob Roque 3-for-7, 54 yards, 0 TDs, 0 INTs; Colin Allard 2-for-4, 17 yards, 1 TD, 0 INTs; Dracut, Ryan Cole 2-for-6, 3 yards, 0 TDs, 0 INTs.

Rushing: Wilmington, Michael Lawler 5-71, TD; Jacob Roque 6-63, Julien Cella 9-50, TD; Dempsey Murphy 2-24, 2 TDs; Gus Lambert, 3-30; Colin Allard 2-2; Dracut, Robert Truong 10-41; Israel DeJesus 9-53, TD; Demitri Torres 7-17; Ismael Zouaoui 3-2; Ryan Cole 4-(-16).

Receiving: Wilmington, Michael Lawler, 2-41; Brett Ebert 1-12, TD; Hunter Sands 1-13; Cam Pereira 1-5; Dracut, Isaac Veras 2-3.

### SEASON STATS Score by Quarters

Wilmington	31	37	40	43	-151	
Opponents	104	76	52	36	-267	
	Team Stats					
	W			Opp.		
First Downs	109			87		
Rushes-Yards	300-1,452			242-1,151 67-93-4		
Pass-Att-In	52-137-13					
Passing Yards	857			1,296		
Total Yards	2,309			2,447		
Penalties-Yards	23-183	*		35-294	1*	
Fumbles-Lost	18-11			9-6		

**Individual Stats** 

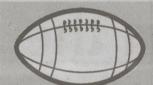
Passing: Jacob Roque 43-for-118, 709 yards, 4 TDs, 13 INTs, Michael Lawler 4-for-11, 73 yards, 1 TD, 0 INT; Colin Allard 3-for-7, 38 yards, 1 TD, 0 INT; Braedon Almas 2-for-3, 37 yards, 0 TDs, 0 INTs;

Rushing: Michael Lawler 104-482, 4 TDs; Jacob Roque 55-378, 1 TD; Peter LeBlanc 41-311, 3 TDs; Julien Cella 42-201, 3 TDs; Dempsey Murphy 27-126, 2 TDs; Nik Iascone 12-49, 1 TD; Gus Lambert 5-28; Antonio Smolinsky 1-8; Christian Febbo 2- (-5); Braedon Almas 1 - (-5); Colin Allard 8- (-8); Team 2 - (-19).

Receiving: Michael Lawler 16-403, 3 TDs; Noah Spencer 11-196, 1 TD; Brett Ebert 7-114, 2 TDs; Hunter Sands 9-77; Christian Febbo 5-54; Peter LeBlanc 2-8; Cam Pereira 1-5.

Scoring: Michael Lawler 7 TDs, 1 conversion, 44 points; Peter LeBlanc 3 TDs, 18 points; Julien Cella 3 TDs, 18 points; Jacob Roque 2 TDs, 3 conversions, 18 points; Hunter Sands 12 PAT kicks, 1 Field Goal, 15 points; Brett Ebert, 2 TDs, 12 points; Dempsey Murphy 2 TDs, 12 points; Noah Spencer 1 TD, 6 points; Nick Iascone 1 TD, 6 points.

\*Doesn't include Stoneham game. Compiled by Mike Ippolito, Doug Hastings, Jamie Pote an Dan Zimmerman



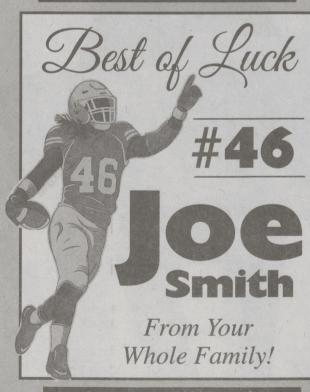
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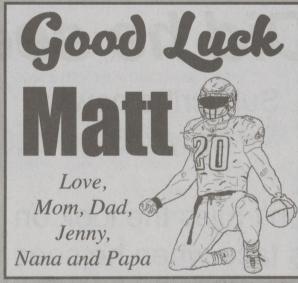
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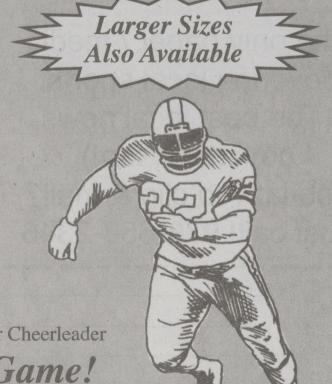
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## Under 8 Football team to play for Eastern Mass title

In an electric playoff atmosphere at Reading Memorial High School in the U8 Reading, Wildcats Wilmington Youth Football Team defeated Brookline 13-6 to win the Division 2 Eastern Massachusetts National League Championship.

With the win, the Wildcats will now play in the Division 2 Eastern Massachusetts Warner Championship Game. The game essentially is the U8 Super

The Wildcats, who beat Brookline 14-12 earlier in the year, played a terrific game with nearly perfect execution on offense and defense. After Brookline won the coin toss and elected to defer, the Wildcats elected to receive the ball to start the game.

On their first offensive possession, the Wildcats marched down the field on a 12 play, 9-minute drive with fantastic runs multiple players including Tyler Noble, Brendan Gemelli, Matty Marino, and Cole Gifford. The Wildcat drive was capped off with a 5-yard touchdown run by Tyler Noble. The extra point attempt was also converted by Gemelli on a threeyard run to give the Wildcats a 7-0 lead late in the first quarter.

In the second quarter, the Wildcats ferocious defense made a big fourth down stop to force a turnover on downs giving



The Wilmington Under 8 Pop Warner Football team will be playing in the Super Bowl this Sunday at the Manning Bowl in Lynn after beating Brookline this past weekend. (courtesy photo).

Wildcats with just over four minutes left in the second half. The Wildcats went back on the ground attack driving inside the Brookline five-yard line. However, after using all three timeouts during this drive, the Wildcats ran out of time and couldn't punch the ball into the endzone. The halftime score was 7-0 Wildcats.

Brookline started the third quarter with the football from their own 35yard line and put together a solid drive advancing point conversion failed. the ball down to the Wildcats 5-yard line. However, the stout Wildcats defense bent but

the ball back to the another enormous fourth under four minutes left in down stop forcing a turnover on downs.

The Wildcats then executed the drive of the game. After driving 94 yards and picking up multiple first downs, including several tough runs by Tyler Noble and Brendan Gemelli, the Wildcats had 1st and goal at the Brookline one yard line. Gemelli then scored on a one-yard run extending the Wildcats lead to 13-0 with 6 minutes to go in the 4th quarter. The extra

Brookline wouldn't go down without a fight. They executed a quick scoring drive and cut the didn't break as they made lead to 13-6 with just Championship Game.

the 4th quarter. The Wildcats got the ball back, but Brookline forced a turnover on downs. Brookline got the ball at the Wildcats 47yard line with 24 seconds left in the game.

After a 35-yard gain on 1st down, Brookline hustled up to the line for one final play at the Wildcat 12-yard line. The Wildcats defense held strong and tackled the Brookline running back well short of the end zone as time expired. The Wildcats players celebrated on the field knowing they were advancing to the Eastern Warner MA

The Wildcat defense was phenomenal all game. Linebackers Biovany Noel, Tyler Noble, and Brendan Gemelli were sensational for the Wildcats. Kody Castellano, Defensive Tackle, caused havoc in

all game continually penetrating through the Brookline offensive line. Defensive Ends Finn Warford, Matty Marino, and Cameron Joseph, did an outstanding job of providing pressure off the

the Brookline backfield

edge and keeping outside contain. Other key contributors to the Wildcats defense were Dylan Alvarado,

Eoghan Barry, Jacob Beaudoin, Gino Borges, Aiden Layton, and Jackson Walton. In addition to the great defensive play, the Wildcats offense absolutely dominated upfront with key blocks from George Edwards, Liam Malloy, Duran McDonald, Spencer McSweeney, and Kian

Smith. The Wildcats will next play in the U8 Division 2 Eastern Massachusetts Championship against Brockton on Sunday, November 13th at 9:30 am at the Manning Bowl in Lynn.

## Wildcats pick up first win of the season over Dracut

man quarterback Colin the half. Allard threw a 12-yard touchdown pass to senior Brett Ebert, making it 28-

Five plays later, fresh- 0 with 8:51 remaining in

A 20-yard run by Lawler up the touchdown.

the second quarter when

Dracut finally scored DeJesus set up the touch- Wilmington's with four minutes left in down with a 17-yard run. The Middies actually behind a Cella block set sophomore Israel DeJesus recovered an onside kick

wasn't budging again. With the ball at the

Wildcat 30-yard line, scored on a 13-yard run. after the score, but Leblanc had a sack on

second down and then combined with Iascone for another sack on third down, creating a fourthand-20 and giving the ball back to Wilmington.

The Wildcats quickly drove 60 yards just before halftime to make it 36-7 at the break.

Roque scored on a 20yard run with 16 seconds left and then Lawler ran in the 2-point conversion on a faked extra point.

Roque engineered the scoring drive, gaining three vards on a fourthand-two play, running for 12 yards behind a nice block by junior Noah Spencer and then hitting Lawler with a 17-yard

Wilmington scored its final touchdown to start the third quarter after defensive plays by Murphy and senior Joseph Kullman gave the ball to Wilmington.

Cella scored on a 5-yard run with 5:46 left in the quarter.

The clock ran for the remainder of the game, but that didn't stop Wilmington from piling up a few more highlights.

Freshman Cam Pereira made a fourth-quarter reception and freshman Gus Lambert had several nice runs including a 23yard burst in the closing moments.

Defensively, sophomore Connor Lovell made a nice play defending a pass while senior Casey Robbins, senior Justin Finnegan and sophomore Vasili Melmaris all had good tackles for losses.

#### Game notes:

· Sands had a huge day kicking going 5 for 5 on extra points and crushing kickoffs for touchbacks three times. As one of Sands' kickoffs sailed through the back of the end zone, Wilmington assistant coach Charlie Turner joked, "That one is landing in Methuen."

·During Murphy's dominating stretch in the first half, one of the game officials commented after Murphy's fumble-forcing tackle. Kullman responded with a smile, "I'm glad he's on our team."

·Wilmington returns to action on Thursday night with another non-playoff contest at home against Medford starting at 6 p.m.

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Regan Bowden gets to a ball during an earlier season Shawsheen Tech Volleyball remainder of the evening. match played at the high school. (photo by Bob DeChiara).

### Rams Volleyball team drops 3-1 tournament match to Rockland

By DOUG HASTINGS **Sports Correspondent** 

dougahastings@gmail.com Katie McGinness' first season as the Shawsheen Tech volleyball coach?

Yes, it's easy to say it was a big success.

Thanks to the guidance of McGinness, the school librarian, Shawsheen ended a long postseason drought, finishing 12-5 overall in the regular season, nearly qualifying for the state vocational tournament and reaching the Div. 4 MIAA state tournament.

The Rams traveled to Rockland last Thursday afternoon and dropped a 3-1 decision to the 15th seed, who improved to 16-3 overall with the victory. The teams split the first two sets before Rockland won the preliminaryround match by winning sets No. 3 and 4. Game 4 was won by a 28-26 score.

"This season was a success despite the loss," coach Katie McGinness said. "They worked hard all season long and proved they could keep up with some of the best teams in the league. I'm grateful for this team and the success they had in my first season of coaching. I look

forward to the future and can affect so much of the Sophomore Jack Finn of seeing what else the team can accomplish."

Rockland would lose to second-seeded Lynnfield in Round 2 by a 3-0 score.

Shawsheen, the 18th seed in Div. 4, ended the year with a 12-6 record.

"Coming in, they were ready to work hard and all they kept talking about future," the McGinness said. "'What happens if we do this?' and 'Can we do this?' And we hadn't even played a game yet. I had to tell them that we had to take it week by week and game by game and we'll see what happens at the end of the season."

What happened was really good.

McGinness said senior libero Gabriella DiSalvo and fellow captain Kiley McFadden were valuable to her during her first sea-

son coaching. "They set the tone at every practice and every game," McGinness said of the Tewksbury residents. "They're just on top of it and I can really count on them, especially on the court, to pull everyone together. That was huge, especially in a game where you mental state

way a game goes. To have Billerica kicked the extra them as my captains has point. been so great this season."

Aside from the team's success, two Rams were Commonwealth Wilmington. the Athletic Conference recently.

Cade Marron, both from with only 44 seconds left Tewksbury, were named in the half. CAC all-stars, DiSalvo an After a scoreless third All Star 1 and Marron an quarter, the Rams added All Star 2

wizard for the Rams.

"She is my go-to defen- for a 9-yard touchdown specialist, McGinness said. "She plays back row for both of my middle fronts. I got to know her and Kilev over the summer and Gabby kind of really took charge early on making sure people were doing things over the summer and everyone was gearing up for tryouts and for the season. She just automatically became one of those kids that you can just say 'Hey, can you do this?' and she took charge immediately as a senior. She's a great kid and she was someone who was very open and willing to help whoever needed help. She always the first one to volunteer (to help)."

Gabby and her sister, freshman Izzy, played together on the varsity.

"(Izzy) is the other backrow blonde," McGinness laughed. "It's been great to watch them work them on the court, sometimes you're like 'Who is who?' It's been great seeing Gabby be a leader for Izzy and show her the ropes. There can be some bad things that come with two sisters playing on a team, but I've no issues with my DiSalvo Sisters. They are great and they work very well and very hard on the court together. It's been awesome to watch and coach."

McGinness said she enjoyed her first year at the helm.

"Everything has been new for me this year," said McGinness, whose sister Brittney is the head coach for the Billerica High girls and boys volleyball squads. "It's been good. It was such a pleasure this season to come in and have such a great team to build off of. We have some 13. really great leaders."

### Shawsheen Football takes down Worcester Tech in first round of playoffs

By DOUG HASTINGS **Sports Correspondent** 

dougahastings@gmail.com BILLERICA Shawsheen Tech football team advanced to the Div. 5 state quarterfinals on Friday in Billerica with a 20-6 win against Worcester

The fourth-seeded Rams, who improved their record to a perfect 9-0, will host Old Rochester School Mattapoisett on Thursday at Shawsheen with a 6 p.m. kickoff.

Fifth-seeded Rochester improved to 8-1 overall with a 47-19 victory over 12th-seeded Fairhaven (7-2).

Worcester (4-5), the 13th seed, played well at Shawsheen, taking a 6-0 lead after the first quarter and trailing 14-6 at half-

It remained a one-score game until the Rams scored early in the fourth quarter.

played "They tough defensively," said Shawsheen coach Al Costabile. "They had great team speed. They made it tough on us."

Charles Manu Jr. scored on a 72-yard run for Worcester just 1:45 into the action. The 2-point conversion failed and the Ram defense wouldn't allow another point for the

Early in quarter No. 2, Shawsheen took the lead when sophomore quarterback Sid Tildsley of Billerica found junior Zachary Rogers of Wilmington with a 27-yard touchdown

Just before halftime, the Rams struck again with Tildsley throwing another touchdown pass, this one honored individually by to junior Ryan Copson of

The 11-yard play and another kick by Finn gave DiSalvo and junior setter Shawsheen a 14-6 lead

to their lead early in the DiSalvo was a defensive fourth when Tildsley and Copson connected again



Kevin Ackerley lines up in his defensive back's position awaiting to make a play during an earlier season Shawsheen Tech Football game.

(photo by Bob DeChiara).

pass. The extra point missed, but Shawsheen had a two-score lead that it would not relinquish.

"We had to grind," said Costabile. "But I think that's a good thing. I think it's good when you're able to do that and do what you have to do to win."

Tildsley finished 11-for-19 in the air for 176 yards and three scores while the Rams also ran for 95 yards, 47 of them by Tildsley.

Worcester Tech managed only 160 yards of total offense, 72 on the touchdown run by Manu.

"Defensively we did a great job," Costabile said. "We gave up one big play and pretty much kept things in check."

James Tildsley

Billerica, Cullen Walsh of Wilmington and Damian Ortiz of Tewksbury led the Rams in tackles.

For the offense, Copson finished with five catches for 107 yards and the two touchdowns to lead the

Costabile said Old Rochester will be a tough test on Friday.

"It's a senior-laden team and a physical team," he said. "They run the ball very, very well."

Old Rochester will be led by backs Jacksen Martin and Dylan DeWolfe and quarterback Noah Sommers. "We have our work cut

out for us," Costabile added.

#### Shawsheen Tech Football Box Score and Stats

#### **SHAWSHEEN 20. WORCESTER TECH 6**

Worce	ester Tech	6	00	0	0	-06
Shawsheen (9-0)		0	14	0	6	-20
WT:	Charles Manu, Jr 72	run (pass	s failed)			
ST:	Zachary Rogers 27 pa	ass from	Sidney T	ildsley (	Jack Fir	nn kick
ST:	Ryan Copson 11 pass	from Til	dsley (Fi	nn kick	)	
ST:	Copson 9 pass from 7	Tildsley (	kick faile	ed)		

	Team Stats		
	WT	ST	
First Downs	7	15	
Rushes-Yards	26-160	22-95	
Pass-Att-Int	2-7-1	11-19-1	
Passing Yards	0	176	
Total Yards	160	271	
Penalties-Yards	2-10	1-10	
Fumbles-Lost	0-0	0-0	

#### **Individual Stats**

Passing: WT, Julies Pichardo 2-for-6, 0 yards, 0 TDs, 1 INT; Gabriel Pinion 0-for-1, 0 yards; ST, Sidney Tildsley 9-for-17, 133 yards, 3 TDs, 1 INT; Mavrick Bourdeau 2-for-2, 43 yards.

Rushing: WT, Charles Manu, Jr 1-72, 1 TD; Gabe Thorin 17-64; Stephen Fatoke 6-16; Keenan Fleming 2-8; ST, Sidney Tildsley 9-47; Caleb Caceres 7-20; Zachary Rogers 2together. We laugh about 17; Mavrick Bourdeau 1-10; Zach Timmons 2-3; Ryan Copson 1 - (-2).

Receiving: WT, Gabriel Pinion 2-0; ST, Ryan Copson 5-107, 2 TDs; Zachary Rogers 2-32, 1 TD; Caleb Ceceres 3-29; Mavrick Bourdeau 1-8.

#### **SEASON STATS Score By Quarters** -123 Opponents 27 Shawsheen 52 -287 **Team Stats** Opp ST First Downs 135 103 211-1,223 Rushes-Yards 259-1,247 98-177-7 Pass-Att-Int 89-169-13 Passing Yards 1,683 1.025 Total Yards 2,906 2,272

40-342

3-3

#### **Individual Stats**

Passing: Shawsheen, Sidney Tildsley 89-for-163, 1,428 yards, 20 TDs, 6 INTs; Mavrick

36-360

Bourdeau 9-for-13, 255 yards, 3 TDs, 1 INT.

Penalties-Yards

Fumbles-Lost

Rushing: Shawsheen, Sidney Tildsley, 78-453, 8 TDs; Caleb Caceres, 72-415, 6 TDs; Zachary Rogers 14-103; Zach Timmons 17-88, 1 TD; Evan Galanis 12-61, 1 TD; Damian Ortiz 7-59; Mavrick Bourdeau 6-35; Brayton Carbone 1-8; Collin Kelley 1-3; Team 2-0, Ryan Copson 1 - (-2).

Receiving: Shawsheen, Ryan Copson 26-480, 7 TDs; Mavrick Bourdeau 29-429, 7 TDs; Caleb Caceres 17-273, 4 TDs; Dyllon Pratt, 6-184, 1 TD; Zachary Rogers 7-175, 3 TDs; Sidney Tildsley 2-80, 1 TD; Evan Galanis 4-31; Kevin Ackerley 2-28; Damian Ortiz 4-

Compiled by Jamie Pote & Jason Tildsley (Team Statistician)



Olivia Venezia makes a play at the net for the Shawsheen Tech Volleyball team during an earlier sea-(photo by Bob DeChiara). son home match.



Sydney MacPherson, the goalie on the Shawsheen Tech Girls' Soccer team, punts the ball out during an earlier season home game. (photo by Bob DeChiara).

### Rams get Sandwiched in first round

By DOUG HASTINGS **Sports Correspondent** 

dougahastings@gmail.com SANDWICH - After a sixyear absence from postseason competition, the Shawsheen Tech girls soccer team made it back to the playoffs this fall.

Last Saturday, the Rams lost in the preliminary round of the Div. 4 state tournament, falling to

Sandwich by a 3-0 score. Sandwich, the 28th seed, would fall in the next game by a 3-2 score fifth-seeded against Nipmuc.

The Rams, seeded 37th, ended the year with an 8-6-3 overall record.

"We made it difficult for them," said Shawsheen coach Doug Michaud of the match with Sandwich. "I think they were pretty surprised. It was really good.'

Sandwich scored within the game's first 10 minutes, but Shawsheen dug in defensively and kept its host off of the scoreboard for the rest of the half...

"That early goal kind of put us on the defensive," said Michaud. "But we held them off for the rest of the first half."

Down just 1-0 at the er from Tewksbury.

break, Shawsheen was still competitive, but Sandwich scored its second goal early in the second half.

Despite the two-goal deficit, the Rams kept pushing and had several solid scoring chances.

"The team never let up," Michaud said. "It always seemed like we might get one in the net, which was great to see."

Sandwich added its third goal within the last 10 minutes of the match.

Michaud was happy to see his team play a competitive MIAA tournament game after several lopsided playoff losses in past years.

"We had seven seniors and they were the heart of the team," Michaud said. "I am really excited that this group did so well."

Shawsheen had three Commonwealth Athletic Conference all-star selections this fall including senior midfielder Caitlyn Aprile, a four-year varsity player, senior captain Kerry Brown, also a fouryear varsity player, and senior captain Makayla Melanson, a defender and a three-year varsity play-

Michaud admits that his team's surge toward the end of last season, despite the program missing out on the state tournament, had an effect on this year.

"We only had three wins,

but it was that second part of the year that they all kind of came together and realized 'If we play together, we'll do all right.' And they carried that into this season." Michaud explained. "This season was a part of last season. The way the players talk about the team, it's like an extension of last year. They had zero wins halfway through that season and they worked so hard and they were determined to do better and I really think that that's what helped them do so well this year. It's kind of odd to say, but I really feel like that is what it was."

Michaud thinks many of his younger players on this year's roster will continue to build momentum toward another winning campaign.

"The younger players are already excited for next year," he added. "It's really good."

## Boys Soccer team's successful season comes to an end

By DOUG HASTINGS **Sports Correspondent** 

dougahastings@gmail.com DALTON - When the Shawsheen Tech boys soccer team's bus arrived at the end of its three-hour journey to Wahconah Regional in Dalton, the Warriors actually delayed the start of the game for a ceremony honoring senior Brody Calvert, who recently became the program's all-time leading scorer.

Unfortunately for the Rams, Calvert would then show off the tools that helped him achieve that honor.

In the end, Calvert scored three times as Wahconah beat Shawsheen by a 4-0 score in the preliminary round of the Div. 4 MIAA state tournament.

"He was faster than anything we had ever seen and he can shoot like a rocket," said Ram coach Tom Severo. "We started off playing really well and then all of a sudden he

gets the ball and boom, it's 1-0 them."

Calvert scored again before halftime to make it 2-0 at the break.

In the second half, Calvert scored once more to put the match out of reach.

"He was the difference in the game," said Severo, who used standout defender Cam Camelio of Billerica to help slow down Calvert. "We held him to five shots, he just scored on three of them. And they were bullets into the back of the net. He's a hell of a player."

Shawsheen seemingly took a 1-0 lead early in the game, but a goal by sophomore Nico Georgoulis was disallowed because of an offsides call.

"We had a free kick," Severo said. "Nico managed to head it into the goal, but the referee said it was offsides."

The Warriors, seeded 11th, improved to 9-7-2 with the victory and advanced to a Wednesday

afternoon Blackstone Valley. The Rams, seeded 22nd, ended up 9-6-3.

"All in all it was a good season," Severo said. "We made the tournament again and played well. We had nine wins, we'll take it. I always say, you start in August and if you end in November, you made the tournament and that's pretty good."

Shawsheen will graduate eight seniors including captains Camelio, Evan Pinto of Wilmington and Noah Rizzo of Tewksbury. Pizzo was the leading scorer for the Rams.

Other 12th graders were Chris O'Connor, Tyler Francois, Joe Woodward, Tom Robenek and John MacEachern.

The Rams will likely have five senior returners next fall including starting keeper Nick Gerasimov, Shane MacArthur, Josh Haerer, Corey Kirchner and Brian Duhamel.

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Shawsheen Tech's Noah Rizzo heads the ball upfield during an earlier season game while teammate Corey Kirchner (left) looks on. (photo by JoeBrownphotos.com).

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#### Mike Ippolito archived story

## Carroll made history with soccer program, netting over 100 points

This story written by the late Town Crier sports writer Mike Ippolito first appeared in the October 21, 2009 edition.

#### By MIKE IPPOLITO Sports Correspondent

sports@yourtowncrier.com BILLERICA -- There are very few athletes who can say they have done something that no one else has ever done, but Shawsheen Tech senior soccer star Jenn Carroll is now among that elite group. The Wilmington native, a forward for the Lady Rams, recently notched her 100th career point, becoming the first player in the history of the girls program to reach the century mark.

The point came on an assist late in last Tuesday's 4-0 win over Chelsea, but Carroll didn't even realize she had made history.

"Honestly I did not know it at the time," Carroll said. "I thought I was getting close, but I did not know I had made it until my grandfather read it in the paper. I was very excited once I found out. It was a great feeling especially since no girl has ever done it before. To do it in my senior year when we are having such a great season is great. To accomplish something like that with the team playing so well (is something that) I will always have.'

As great as Carroll felt and should feel about her individual accomplishment, it is the success of her team this season that has her most excited. The Lady Rams are off to a 13-1 start on the season, including a big 3-1 victory over MVC contender Billerica earlier this season, and have clinched at least a share of their second consecutive CAC title. With Carroll and fellow forward and co-captain Jenna Zechner leading the way, Shawsheen looks like they may be a force to be reckoned with come tournament time this sea-

"I think we can do well in the tournament," Carroll said. "We all have a positive attitude and feel like we are having a great season and we can go further in the tournament than we have in the past."

Any success Shawsheen does have in the post season, including the state vocational tournament where they are two time defending champions, will obviously be based in large part of the play of Carroll, who may be having the best season of her brilliant career this season, with 16 goals and 7 assists, which is tops in the CAC. For her career, she now has 74 goals and 30 assists for 104 points.

up big in the playoffs that will be just fine with coach Doug Michaud, who has grown accustomed to seeing great things from her. Right from her first practice as a freshman, she has stood out and that has not changed as she approaches the end of her

senior year.

If the team needs to

depend on Carroll to come

"She has really been the heart of the team for four years. She made such an impression on me when she started because it was also my first year as coach," Michaud said. "I remember our first scrimmage, she scored a bunch of goals and I was like, is she really just a freshman? And then in our first real game she scored something like four goals. She was a spark right from the beginning."

Carroll prepared for her varsity debut on the fields of Wilmington Youth Soccer, playing every weekend at Shawsheen School like so many other young kids in the town. But unlike so many other kids, she was able to see her career truly flourish once she reached the high school level. Carroll scored over 20 points as just a freshman surprising even herself with her quick suc-

er to play against seniors and some very good players, but once I got on the field I just kind of got used to it," Carroll said. And while Carroll has been a team leader of sorts all along due to her obvious talents, it was not until this year that she was officially named cocaptain along with Zechner and it is a role she has adapted to very easily according to Michaud.

"I knew it would be hard-

"She fit right into it," Michaud said. "Kids have been looking up to her right from the start. On the last day of school last

along with Jenna and the other seniors set up summer practices and that going all summer. The have been really excited about this season since the summer and she is a huge

part of that." For Carroll, becoming captain of the team was a responsibility she took happily and she understands that more than ever her teammates will be looking to her for leadership. But she also knows that she is certainly not

is best for the team.

"It is good to be a

"It is good to be a leader, but I also want to hear everyone else's opinion," Carroll said. "Jenna and I work together so before we do something we always talk it out. It is good to have everyone looking up to you, but it is more responsibility and you know you need to be setting a good example."

Carroll has certainly been setting a good exam-

Shawskeen [] [3]

alone in help-Jenn Carroll reached the 100-point plateau during the 2009 Shawsheen ing to do what Tech Girls Soccer season. (file photo).

st for the ple fo

ple for the team both as a role model and as a point producer. Michaud says that the determination that makes her a great captain due to her effort, is one of the qualities that also make her a great goal scorer. One

"She is quick. She's got that drive for the net and once she gets into that last part of the field she is just driven to get that ball into the net and she will not quit until she gets it done," Michaud said. "She is also one of the few players who will follow up if someone else shoots and does not score. Her effort will a lot of times get her a big goal."

One thing Shawsheen fans can definitely count on for the rest of the season is Jenn Carroll adding to her very impressive three-digit milestone.



"I hurt my back playing golf. I went to the chiropractor. I went to the pain institute. I went to the spine institute.

Nothing helped. The pain was debilitating, I went six or seven months without playing." ~ Rod O. (Peabody)

Chronic pain makes everyday life incredibly difficult. It prevents you from participating in activities you once loved and simple daily tasks like grocery shopping become nearly impossible.

This was the case for Rod O. of Peabody, MA.

Rod would go on to explain that on a scale of one to ten his pain was well over a nine every single day. Regardless of your age, back pain, whether caused by a sports injury, longstanding arthritis, or even specific conditions like scoliosis, can severely impact the quality of your life. In short, it stops you from doing the things you love with the people you love and thank the that's not a great way to live.

On top of that, general practitioners, specialists, and surgeons are all too eager to prescribe medications whose side effects are often detrimental to your recovery or recommend invasive surgeries that often have less than desirable outcomes.

Fortunately for the people of the North

Shore of Boston, Acupuncturist Min and her team at AWC|Acupuncture & Wellness Clinic have pioneered non-pharmaceutical, non-surgical innovative medical solutions that actually treat your pain!

"My patients are also people who would normally require surgery but would either have a difficult time going under the knife or have simply decided that they would rather explore other options. There is more to healthcare than prescription pills, elimination diets, and scalpels," shares Acupuncturist Min. "By offering several integrative therapies we are able to combat your pain from several angles ensuring the best possible outcome."

This approach makes AWC an authority in treating seemingly hopeless cases of chronic pain

Rod easily attested to this claim, "I highly recommend her to anybody. I thank the Lord today that I met Acupuncturist Min and she was able to help me because I can play golf again!"

Each new patient that comes to AWC receives a comprehensive consultation and then is prescribed a very personalized treatment program that is tailored to their specific needs and goals. "While every treatment I perform is based on a framework cultivated from decades of education and experience, no two cases are the same and so every person

under my care is treated that way," tells Acupuncturist Min.

"Unlike other solutions to chronic pain,
O3 Therapy" corrects the pathology of
the problem, allowing the body to heal
itself naturally. This is a wonderful
alternative to more traditional methods
and incredibly safe and highly
successful."

Acupuncturist Min and the team at AWC are using O3 Therapy™ to treat a myriad of chronic pain issues including neck pain, arthritis, knee pain, plantar fasciitis, chronic injuries and so much more!

To schedule a consultation and complete evaluation call (781)221-0162 and do so quickly because AWC is only taking a limited number of new patients. For more information on O3 Therapy and to take advantage of their new patient offer visit



Visit www.AWClinic.com to learn more and to take advantage of their NEW PATIENT OFFER!

## Movie Reviews & Box Office News Florence Pugh shines in haunting 'The Wonder'



THE WONDER OF IT ALL - Florence Pugh as Lib Wright in a scene from "The Wonder" from Netflix. Pugh gives yet another stunning performance, utterly naturalistic and committed, as a skeptical nurse recently back from Crimea. (Christopher Barr/Netflix via AP)

By LINDSEY BAHR **AP Film Writer** 

It is 1862 in a remote Irish village when an English nurse is called in by a local council to observe and investigate a phenomenon in the haunting new film "The Wonder." There is, she's told, an 11-year-old girl who has not eaten food in four months and seems to still be healthy.

The nurse, Lib Wright (Florence Pugh), is to watch the girl, in alternating shifts with a nun - it is Ireland, of course— and report back as to what she observes. They say they'd like to know if it's a miracle or not, though most seem to have made up their minds that they'd rather not actually hear if it's the latter.

The film, from Chilean director Sebastián Lelio (" A Fantastic Woman "), is adapted from a novel by Emma Donohue, the Irish writer of "Room." She was, she's said, inspired by the Victorian Fasting Girls. In the late 19th century newspapers ran stories about young girls, often bedridden, who claimed to have been living without food or water for extended periods of time. Some doctors regarded it as hysteria. Some believed it a holy miracle and made pilgrimages to visit the girls.

Lengthy fasts have long

been celebrated in saints and nuns going back to the Middle Ages, perhaps most famously in Catherine of Siena. In 1982, historian Joan Jacobs Brumberg would write in her book that it was undiagnosed anorexia nervosa, though somewhere along the way someone would give religiously motivated starvation its own term: Anorexia mirabilis. Like "Room," "The Wonder" delves into deep, uncomfortable traumas and it will not be for everyone, especially those triggered by depictions and descriptions of disordered eating.

Lelio, who co-wrote the adaptation with Alice Birch, uses a curious Brechtian framing device, opening the film in an empty, florescentlit soundstage as a narrator, Niamh Algar, invites the viewer into the film. "Hello. This is the beginning. The beginning of a film called 'The Wonder.' The people you are about to meet, the characters, believe in their stories with complete devotion. We are nothing without stories, and so we invite you to believe in this one," Algar says as cinematographer Ari Wegner's camera pans over to a set piece of a boat's cabin and focuses in on Lib.

It is not ineffectively done, but I'm also not sure it adds anything since the film mostly commits to Lib's reality from thereon. Aren't all films inviting us to believe, after all? Though maybe it is something worth repeating. And the sentiment will surely echo in your head as science clashes with religion in what is a very compelling gothic mystery about the curious case of Anna O'Donnell (Kíla Lord Cassidy).

Pugh gives yet another stunning performance, utterly naturalistic and committed, as a skeptical nurse recently back from Crimea with Florence Nightingale, her own private losses haunting her. She is an outsider in every possible way, a woman of science and English, coming to this small, deeply Catholic town that has just emerged from the Great Famine.

Lib is certain that Anna is not telling the truth when she says she has existed solely on "manna from heaven" for four months. She knows she would be dead if that were the case. But also finds herself getting more invested in her subject than she perhaps anticipated. Anna's story has travelled, too, and has become a comfort not just for her parents but for strangers from all over who come to witness the miracle. It's also attracted a journalist from the city, played by

Tom Burke, who is both a thorn and a help to Lib on her increasingly frustrating search for truth and facts, which she starts to understand are not so simple in this town.

Early on, Lib asks Anna's mother what her last meal was: It was the

### TUNA SALAD SANDWICHES



LET'S DO LUNCH - For many people, those days when tuna salad sandwiches for lunch are still some of the happiest childhood memories. Satisfy your nostalgic cravings with this classic Tuna Salad Sandwiches recipe. Crisp celery and chopped onion join fan-favorite tuna for a simple but hearty meal that's ready in just 15 minutes.

**STEPS** 

1. In a medium bowl, mix the tuna, celery, onion, mayonnaise, lemon juice, salt and pepper.

2. Spread tuna mixture on 4 bread slices. Top with remaining bread slices.this recipe.

**EXPERT TIPS** 

· Cut the celery and any other vegetables you'd like to add into a small dice so it's still easy to make a sandwich. 1 to 2 tablespoons of chopped sweet red bell pepper, dill pickle, pitted olives or water chestnuts are all good stir-ins for the tuna salad.

 Mayonnaise or salad dressing—what's the difference? They're both thick, creamy dressings that contain vegetable oil, lemon juice or vinegar and seasonings. Mayonnaise also contains egg yolk and is less sweet than salad dressing. They can be used interchangeably.

• Switch up this Tuna Salad Sandwiches recipe by stuffing tuna salad into hollowed-out tomatoes or

"So just water and

"No," she's told. "It's the

It's a story to Lib and a

body and blood of Christ."

fact to believers and they

find themselves at an im-

passe that feels awfully res-

film, anchored by the in-

release playing in theaters

now and streaming Nov. 16,

Motion Picture Association.

utes. Three stars out of four.

Running time: 109 min-

'The Wonder," a Netflix

comparable Pugh.

wheat?" Lib responds.

munion.

avocado halves for a fresh take on lunch.

 Try swapping out the tuna for chicken or ham, adding some spicy brown or Dijon mustard with the mayonnaise in the dressing.

> MORE ABOUT THIS RECIPE

With just a little chopping and about 15 minutes of effort, you can create delicious tuna salad sandwiches hearty enough to feed a hungry family of four. The trick to a top-notch tuna salad recipe is the inclusion of both crunch and zest. Crunch comes from chopped celery and onion, and a dash of lemon juice adds the perfect, seafoodfriendly zing. When it's all folded into creamy mayonnaise, sandwich perfection is achieved. Toast your

**Ingredients** 

• 2 cans (6 oz each) tuna in water, drained

• 1/2 cup chopped

• 1/4 cup chopped onion

celery

• juice

• 1/2 cup mayonnaise

or salad dressing • 1 teaspoon lemon

• 1/4 teaspoon salt

• 1/4 teaspoon pepper

• 8 slices bread

sandwich bread to up the crunchy contrast even more, and be sure to top those sandwiches with lettuce, tomato and a tangy dill pickle spear on the side. Now that you know how to make tuna salad, you're well on your way to more sandwich success. There are plenty more weeknightready recipes for hearty, satisfying sandwiches and wraps, where this one came

## Eucharist on her first com- Scandinavian Lodges begin a full season of festive activities

Saturday, Nov. 12 and Nov. 19



Mark your calendar for these fun festivals. Scandinavian Fairs are scheduled for the next 2 weekends.

With the holidays soon to be here Scandinavian Lodges are ready for full festive activities.

On Saturday, November 12th from 10 a.m. - 3 p.m. the Sons of Norway Norumbega Lodge will host a fair at the Acton Boxboro Regional High School at 36 Charter Rd. A small admission fee for adults will be charged with children under 16 free.

There will be a cafe serving traditional Nordic foods; Imported goods, Handmade items, Scandinavian food tables, and live traditional musical performances

Saturday November 19th from 9 a.m. - 2 p.m. the Birka Lodge will hold their traditional Swedish Jul Fair at the Hamilton / Wenham Community House on Bay Road, (Rt 1A) in Hamilton. Admission is free.

Swedish and American holiday music will entertain the fair-goers as unique shopping of handmade items, gifts, straw ornaments, candles, linens, gnomes, folk art painted dala horses, ornaments and more will be available. Enjoy some warm glogg with gingerbread cookies, open-faced traditional sandwiches, coffee and pastries. A children's Lucia Bride of Light procession will be held as 12 noon.

Reading Municipal Light Department RELIABLE POWER **RMLD** 

> **LEGAL NOTICE** IFP 2022-45

Pursuant to M.G.L. c. 164, § 56D, the Reading Municipal Light Department (or "RMLD") seeks proposals for the purchase of the following:

> Item 1: 15KV, 556 KCMIL Aerial Spacer Cable AND Item 2: .052 Covered Messenger

Sealed proposals shall be submitted to the Reading Municipal Light Department, 230 Ash Street, Reading, MA 01867, ATTN: Purchasing Department, no later than 11:00 a.m. on Wednesday, November 30, 2022. Proposals will then be opened, read aloud publicly in the RMLD Spurr/AV Room. Late proposals will not be accepted.

Proposal documents may be obtained via email request to Paula O'Leary at poleary@rmld.com. For questions or further information, please contact Paula O'Leary at 781-942-6440.

RMLD reserves the right to reject any or all proposals, waive deviations and informalities, modify specifications, negotiate terms, purchase items from multiple vendors, accept any proposal, and otherwise award the contract as RMLD deems to be in its best interest, as determined by RMLD in its sole discretion. RMLD also reserves the right to purchase the equipment from a statewide contract or other procurement options authorized by G.L. c. 30B.

No agreement shall be valid or binding unless duly executed by RMLD or RMLD issues a purchase order signed by an authorized representative of the RMLD.

RMLD will make reasonable efforts to review and process proposals promptly. However, RMLD shall not be liable for any delays in acting on a proposal.



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10 Towns - 10 Publications Call 781-944-2200



## Tewksbury Police Log

## Party arrested on OUI, child endangerment charges

Monday, October 31

12:30 a.m. - Wilmington Police Department reported they have an off duty officer that observed a vehicle crash into a wall at Hobart's Country Store. Police and ambulance sent. Ernest Nwachan, 48, of 302 University Ave. in Lowell, was arrested and charged with OUI liquor, negligent operation of motor vehicle, marked lanes violation, and resist arrest.

1:39 p.m. - Party reported people trespassing on property, possibly damage to the property at Indian Ridge Condominiums. Police sent. They were able to make contact with the gentleman who was fishing. Advised not to come back.

4:07 p.m. - Central manager at Papa Ginos South reported an unwanted party refusing to pay. Officer sent. The reported party was gone prior to arrival, no video footage and no further information at this

5:03 p.m. - Teacher at The Learning Experience reported she found a marijuana pipe. Police sent. They reported that the item was disposed of.

Tuesday, November 1

12:38 p.m. - Property management requested an officer to speak to contractor working on National Grid project next to property who was continuously using entrance when asked not to at Shawsheen Street. Police sent. Officer reported he spoke with male who stated he would not use that entrance.

1:59 p.m. - Caller reported a male that appeared to have difficulty walking at Deli King. Police sent. Carson Riggs, 42, of 1338 Alerts in Winchendon, was arrested and charged with a warrant for operation of motor vehicle with suspended license.

Wednesday, November 2

6:13 a.m. - A 911 caller reported an erratic driver that cut him off at Wamesit Lanes. Police sent. They spoke with the driver of motor vehicle and there was a miscommunication at the merge.

2:31 p.m. - Caller reported an assault at Blaire House. Both parties were separated and no injuries reported at this time. Police sent and filed a report.

3:25 p.m. - The officer was flagged down by a party reporting a car towing a vehicle with a rope at Main Street and Shawsheen Street. Police sent in the area, but nothing was found.

Thursday, November 3

1:31 p.m. - Employee at Bobby and Jacks Memphis SSQ Grill reported a male and a female party in a blue Mercury sedan with bumper stickers are sitting on the side and they were previously trespassed for illegal dumping, so she would like them to leave. Police sent and reported he would be filling a report. Police assisted that person of the property. Person was no tresspassed.

1:35 p.m. - Parent reported high school cheerleader received anonymous texts saying they should skip practice because something bad would happen at the Ryan School. Practice was three to five p.m. at the Ryan. Officer filed a report. Caller reported she sent the messages to the Athletic Director and he said the school was looking into it.

Friday, November 4

11:13 a.m. - Manager from Market Basket North reported someone has made camp at the front parking lot on Clark Road by Antons. Officer sent and reported manager spoke with male. He had left.

7:51 p.m. - Police called in walk in party needed to speak to an officer regarding to threats. Police out at St. Williams and filed a

9:22 p.m. - A motor vehicle accident occurs at Main Street and Pleasant Street. Kelley Lynn Lemke, 34, of 24 Wightman Road in Tewksbury, was arrested and charged with third offense of OUI liquor, three counts of child endangerment while OUI, negligent operation of motor vehicle, failure to stop for a red light, marked lanes violation, and operate motor vehicle in violation license restriction.

Saturday, November 5

1:43 a.m. - Police at Oakdale Mall with a suspicious vehicle. They stated the party was homeless and going to park there for the night.

8:23 a.m. - Caller reported an erratic driver heading inbound toward the center of town at East Street and Livingston Street. Police sent but they were unable to locate the

11:40 a.m. - Caller reported a male party dressed in all black yelling and screaming at customers in the area of Applebees Restaurant. Police sent and filed a report. Male party was moving from the area.

6:53 p.m. - Caller reported a group of five to seven teenagers looking into cars at Lee Street. Police sent and officer checked the area, but gone on arrival.

11:44 p.m. - Caller reported a suspicious male walked in the neighborhood at Champion Street. Caller describes the male as wearing a sleeveless shirt and shorts. Police sent and they spoke with the male; he lived on the

Sunday, November 6

12:05 a.m. - Caller reported an erratic driver traveled on the other side of the road and on the sidewalk at Whipple Road and Pleasant Street. Vehicle entered Lowell, last seen in the area of Rogers Street and Boylston Street. Lowell Police Department no-



## Wilmington Police Log

### Quincy man arrested for OUI - liquor, operating a motor vehicle with a revoked license

Friday, October 28:

2:06 a.m.: Tracy N. Morrell of 51 Taylor St. in Malden was issued a summons for Operation of a Motor Vehicle with a Suspended License and Failure to Notify RMV of Name or Address Change. This followed a stop of the party's gray 2015 Kia Optima on I-93 Southbound Highway Exit 31.

9:12 a.m.: James Matthew Mooney of 54 Walnut Road in Tewksbury was issued a summons for Operation of a Motor Vehicle with a Suspended License (Subsequent Offense), Operation without an Ignition Interlock, and Failure to Stop or Yield. This followed a stop of the party's gray 2018 Kia Sorento on Lowell Street.

11:31 p.m.: Mark C. Donovan and Rosa Isela Donovan of 5 Quincy St. were issued summonses for Selling or Delivering Liquor to a Person Under 21. The incident occurred on Quincy Street.

Saturday, October 29:

9:15 a.m.: A motor vehicle collision occurred on Fordham Road and Concord Street between a gray 2017 Toyota Camry and a black 2017 Honda

7:48 p.m.: Suspicious activity was reported at Wildwood Street School on Wildwood Street.

11:09 p.m.: A motor vehicle collision occurred between a blue 2021 Toyota Highlander and a red 2012 Kia Sorento on Route 125 Highway and Ballardvale Street.

Sunday, October 30:

5:36 a.m.: Drew Adam Cunningham of 90 Broadway, Apartment #2 in Quincy was arrested for OUI - Liquor, Operation of a Motor Vehicle with License Revoked as Habitual Traffic Offender (Criminal), and Marked Lanes Violation. The party's black 2006 Ford F-150 was stopped on Woburn Street.

11:09 a.m.: On Lowell Street and Woburn Street, a gray 2011 Kia Sedona and a black 1999 Ford LGTCON were involved in a motor vehicle collision.

9:39 p.m.: A red 2020 Jeep Grand Cherokee was involved in suspicious activity reported at Wilmington Memorial Library on Middlesex Avenue.

Monday, October 31:

2:47 p.m.: A raccoon was reported in a dumpster at Paul's Landscaping on Main Street, before being removed by the Animal Control officer.

8:30 p.m.: A caller reported that their parent's on West Street got a doorbell camera notification which showed a man in a clown mask. An officer was requested to check the area for any suspicious activity. The caller and their family reported that they were coming back and checking the interior of their home, but that no officer was need-

10:51 p.m.: A caller on Chestnut Street reported that their mailbox and a neighbor's was struck by a gray 2004 Infiniti G35 and another vehicle. Officers left a note for the neighbor to call.

Tuesday, November 1:

5:31 a.m.: A white 2014 Nissan NV was stopped on Cobalt Street and its operator issued a written warning for Speed, Failure to Notify RMV of Address Change, and Inspection Sticker. A passenger took over the vehicle.

2 p.m.: A resident on Park Avenue lodged a complaint about a neighbor leaving food for wildlife in the wetlands nearby. Animal Control spoke with the homeowners and advised them to stop.

2:42 p.m.: A customer at Burger King on Lowell Street requested an officer come after having an issue with staff. The caller was upset over the food and insisted that the employees give their names, calling after they would not. Police advised the customer to contact corporate.

Wednesday, November 2:

3:46 a.m.: A two car motor vehicle collision occurred on I-93 Northbound Highway, with a state trooper sent to investigate. Airbags were de-ployed and there were complaints of injuries.

8:53 a.m.: A caller on Loumac Road reported that a sign was taken from the side of the walk in front of their residence, having been last seen on Halloween night.

3:29 p.m.: An officer on Salem Street and Woburn Street reported that there was no green light cycle coming from the DPW to the intersection. The box was reset and the cycle of lights restored.

Thursday, November 3:

7:53 a.m.: Melanie Morales Carrasquillo of 49 Emmett St., Apartment #FL3 in Lawrence and Zoila Nemecioixcal of 233 Walter St. in Lowell were issued summonses for Assault and Battery. This followed a report at Sonny's Mobile on the Run on Lowell Street that one employee had slapped another. Peace was restored after a translator arrived on scene and both employees were sent home.

3:55 p.m.: A caller at Yentile Recreational Facility on Cross Street reported that a group of juveniles were being disrespectful and shooting a pellet gun at herself and her son. The caller reported back to officers when the group left, concluding that they were playing around her and not shoot-

7:35 p.m.: A caller at AL Prime on Main Street reported that an upset customer was swearing at an employee and yelling about a receipt. When police arrived, the customer had left in a black 2022 Mitsubishi Outlander Sport. The caller was informed of how to request a no trespass order and peace was restored.

## Female party arrested after allegedly assaulting officers

TEWKSBURY - Police Chief Ryan Columbus reports that the Tewksbury Police Department arrested and charged a woman who allegedly assaulted several officers who were attempting to arrest her on a warrant.

Hannah Rocklein, 26, of no known address, was arrested and charged with:

 Assault and Battery with a Dangerous Weapon (Three Counts)

Assault and Battery on

Resisting Arrest

Warrants

approximately 9:45 p.m., Tewksbury Police received a call from a woman who reported being lost. The caller hung up on dispatchers, but dispatchers determined the call originated from the area of 270 Main St.

Tewksbury Police search-

ed the area with assistance a Police Officer from a K-9 Unit and Drone • Assault (Two Counts) Unit, but were unable to

locate the caller until she called police again and reported being in the area On Thursday, Nov. 3, at of Veranda Avenue. Officers located the cal-

ler, identified her as Rocklein, and determined she was wanted on two active arrest warrants out of Fall River District Court, both of which charge Assault and Battery on Ambulance Personnel.

When officers attempted

to take Rocklein into cus- in a holding cell. There tody, she physically resisted, kicking an officer and attempting to punch another. Officers were able to restrain Rocklein, who repeatedly kicked the inside of a police cruiser while being taken back to the police station for booking.

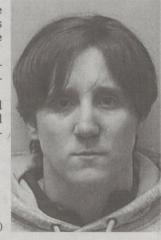
During booking, Rocklein again kicked officers, punched one officer, and attempted to punch another. She was restrained without injury and placed

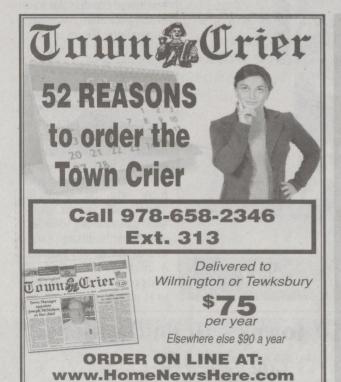
were no reported injuries to either Rocklein or the officers.

Rocklein will be arraigned Friday in Lowell District Court.

These are allegations. All suspects are considered innocent until proven guil-

► HANNAH ROCKLEIN (Courtesy photo)





## Sen. Finegold secures \$75,000 for Tewksbury FD

BOSTON — Working with municipal officials and partners in the House of Representatives, State Senator Barry Finegold (D-Andover) successfully filed an amendment to the Legislature's economic development bill to allocate \$75,000 to the Tewksbury Fire Department. The funding is intended to support the department's ongoing work providing services to Tewksbury State Hospital, which generates a high volume of emer-

Department.

"Firefighters put their lives on the line to protect our community, and I will do everything I can to make sure that local fire departments have the funding they deserve," said Sen. Finegold. "I am grateful to have worked with Town Manager Richard Montouri, the Tewksbury Select Board, and my colleagues in the House to secure this important

gency calls for the Fire ment's work at the State Hospital. These funds will help keep our community safe."

The \$75,000 in funding for Tewksbury's Fire Department will help supplement the \$90,000 secured earlier this year in the FY '23 budget to reimburse the Tewksbury Police Department for services provided at the State Hospital. Sen. Finegold and the rest of the Tewksbury delegation also helped secure funding to support \$90,000 for the Tewks-Tewksbury Fire Depart- bury Fire Department in

the FY'22 budget as well. "I'm very glad that the collaborative advocacy of the state legislative delegation has resulted in over \$600,000 in state funding for Tewksbury in the economic relief package, which includes money for veterans housing and reimbursement for Fire Department services to the State Hospital," said Representative Tram Nguyen (D-Andover).

#### **HOCUS FROM PAGE 1**

nation to learn and film along with some tricks and skills and a quick slate. I filmed the combination on a 2-show day in between performances of Cabaret and sent it off!"

And then, after a few weeks, the big news came.

"I was first informed that I was put on a 'Hold' which meant that the casting team was interested in me and wanted me to keep my availability open and not audition for other projects at the same time. I was kept on Hold for about two weeks or so, and I got the email saying I had been cast, I think sometime in the middle of September last year. I freaked out, obviously, because I had never worked on any films and my first one was going to be for Disney!"

In preparation for film-Mitchell describes how his college was supportive of him and how his first days on the set of filming was.

"Preparation was mostly me trying to figure out how to turn my life upside down so I could leave Boston for 10 days to go film. It was the middle of my semester, and I was also doing another show at the time, and I had to have a couple of meetings with administration at school to get their permission to miss class. They were thrilled for this opportunity for me and we worked out my missing classes with my professors, and then I was off to Newport for a couple rehearsals and COVID tests.

"We had a couple of choreography workshops where we learned a bunch of different sequences that we were told may or may not end up making the final cut. We also learned all the lyrics to the Spell,

## Mitchell fulfills dream appearing in movie

so that we would lip sync on set."

Mitchell also explained what filming was like and what the experience was

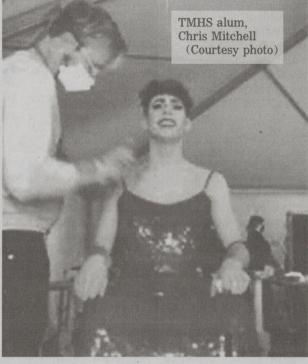
"Filming was crazy and wonderful and freezing and long and exhausting and magical. We were on five back to back night shoots, which meant that we would start filming when the sun went down and we would stop filming when the sun came up. So I would get to set around four in the afternoon and head to hair and makeup, and then costumes.

"My hair and makeup took about 90 minutes each day, because I was being put in drag, and then they would load the dancers and I onto shuttles to get us on site for filming. We would rehearse takes of the Salem ScareFest with the Sanderson Sisters' body doubles, and then Bette Middler, Sarah Jessica Parker and Kathy Nijamy would arrive and the magic would

"It was the middle of November and it was 30 degrees outside and it was so cold and so windy and we were all kind of miserable but kind of starstruck the entire time. We would do 10-20 takes of the same shot and move onto the next one.

"The first couple of days were mostly background work for the Festival, and the last couple of days were used solely for choreography. We wrapped at 5 a.m. on our last day of shooting and I headed back to Boston, feeling incredibly grateful and overwhelmingly exhausted.

"Days later, I received another email asking us all to come back for a few extra days of filming in Decem-



ber! So I made the trek back down to Providence this time, and we got shots of us dancing through the streets of Providence (which was transformed into Salem). All in all, I think I was there for a total of 10 nights of filming."

When asked about the most challenging aspect of filming, Mitchell elaborated on the time commitment given to the filming.

"The most challenging part of it all was the fact that I literally did not see sunlight for a week straight. I would be getting home from shoots between 5 and 6 a.m., and I would sleep in the hotel until 3, to head back to set at 4, to do it all over again. The shoots were very long and very cold, and I was wearing a spaghetti-strap slip dress, so I didn't exactly have much protection from the

"One night it was particularly freezing, so the pro-

duction assistants would stand with us the entire time holding our jackets, and we were allowed to wear them in between takes."

But he also described the best parts about the process, from meeting the stars of the film to having his father support him and watch him work his ma-

"Watching Bette Middler, Sarah Jessica Parker and Kathy Nijamy work their magic every night was incredible. These women are icons to me and I got to work with them and talk to them and watch them do their thing! There was this palpable sense of love and pride for this project on set, because the original Hocus Pocus has become so beloved, and everybody wanted to do justice to this story.

"Also, my dad got to come to set with me for a couple of nights, and I

knew that he was probably more excited to be there than I was! I think the fact that I've gotten to share this experience with him is my biggest point of pride, because my family has sacrificed a lot of their time, energy, and money to support me on this crazy journey I've been on trying to make a career as an actor and an artist.

"Hocus Pocus 2 was a massive stepping stone for me, and is only the beginning — I feel incredibly grateful not only for the opportunity to work on this film but for the fact that I got to do it in drag, and that the film itself celebrates queer identities like my own. I'm incredibly lucky that my family also supports me, and I'm incredibly lucky that my dad got to be there and watch me prance around in a dress and heels and that he was proud of me for doing it."

When asked where residents can find Mitchell in the film, he explained, "Tewksbury residents can find me during the Salem Scare Fest, and the musical number, 'One Way or Another' which occurs around the one-hour point in the film. I'm dressed as Supreme, with a big black wig and a red sequined ball gown."

Mitchell then explains what comes next for him. "I'm a senior at the Boston Conservatory at Berklee this year, and I'll graduate in the spring with a BFA in Musical Theatre. Then, I plan to move to NYC with representation and continue to act, dance and sing! In the meantime, I'll be performing in the Boston area and continuing to study!'

And finally, Mitchell has this message to anyone who wants to get into theatre and acting:

"My journey to Hocus Pocus 2 was a series of doors opening and one project leading to another. All of my successes thus far in my career have come from me saying 'yes' to one thing, and then someone else being in the right place at the right time and connecting with me. This industry is a small one, and all it takes is the courage to be your authentic self. Someone will notice you and someone will say yes to you and it's all a journey from there.

"Every door that has opened for me has opened because I've brought myself into the room. Every door that has slammed shut in my face has come from me trying to be what I thought people wanted me to be. I believe with my entire being that the only path forward in this (or any) industry is showing up as authentically as you can, and allowing yourself the opportunity to show up for you."

Hocus Pocus 2 was released on Sep. 30 of this year, and can be streamed on Disney+.

Without a doubt, those close to Mitchell, as well as those in the Tewksbury community, are all so proud of him and his recent accomplishments, and look forward to seeing him in other big projects on our screens and stages for years to come.

# DA Ryan launches 'Digital Citizenship Academy'

WOBURN - Middlesex this state of affairs, I District Attorney Marian Ryan announced the forging of a strategic partnership between her Of- ing this frightening time Middlesex District Attorfice and the Californiabased Digital Inquiry Group ("DIG") to create a "Digital Citizenship Academy". The program will offer high schoolers in Middlesex County best-in-class, researchbased critical thinking and reasoning training to both protect them from falling victim to online disinformation and misinformation and to prepare them to become leaders in the restoration of our demo-

"There is no question that truth itself is under sustained assault in our nation today. Our democratic system of government is based on the assumption that citizens can accurately evaluate the world around them and then make reasoned judgements — by voting in their elections and otherwise — about how best to proceed as a society. Build into that assumption, however, is the premise that there is general agreement as to what constitutes the underlying facts.

"Tragically, and as President Biden pointed out in his National Address several weeks ago, the very notion of objective truth is now under both deliberate attack and unintentional decay - gravely threatening our democracy. Given

fundamentally believe that I must, as an elected official serving durin our history, do something concrete to ensure that our young people have the critical thinking skills they need to navigate the online information ecosystem so that we can protect democracy's sacred and basic premises," said District Attorney Ryan.

The Digital Citizenship Academy will be a firstof-its kind, traveling civic online reasoning course - taught by volunteer Assistant Middlesex District Attorneys to any Middlesex Countybased high school or high school youth program interested in participating.

Specifically, prosecutors will be trained to teach the award-winning Civic Online Reasoning curriculum. This six-session (50 minutes each) program will teach students critically important skills such as how to fact check online claims; how to investigate clues bearing on a given website's credibility, and how to optimize their online searching activities — all with the goal of ensuring that they neither come to believe nor disseminate any false or misleading online claims.

"A series of studies show that the Civic Online Reasoning curriculum helps students to

make sense of the information that floods their screens. We are excited to collaborate with the ney's Office to provide especially those who students with the tools they need to effectively navigate online," said DIG executive director Joel Breakstone.

Research is beginning to show that the consumption of online disinformation and misinformation can lead individuals and groups to commit violent acts in the "real world." While the Jan. 6 insurrection might be the most prominent example of this, there are many other incidents around the country which are being linked to the perpetrators' sustained consumption of online lies.

"As the County's chief law enforcement officer, I believe that the Digital Citizenship Academy will become a powerful tool for us to fight this growing public safety threat," District Attorney Ryan continued. "I am very grateful to the Digital Inquiry Group for partnering with us. They offer an innovative and best-in-class curriculum and the citizens of Middlesex County deserve nothing less. While DIG may be located on the other side of our nation, I am heartened by how closely aligned they are to our Office's values. I and our volunteer Assistant District Attorneys cannot wait to open the

figurative doors of our Digital Citizenship Academy."

"Our mission is to en-

able all young people, need us most, to reach their full potential as productive, caring, responsible citizens. To that end, we know it is necessary for our young people to be able to identify and dismiss fake news. To be a productive, caring, and responsible citizen, a child must be a contemplative, inquisitive, and informed citizen. This ground-breaking Academy will do just that and we're so proud to partner with the Middlesex District Attorney on this initiative as she continues to implement exceptional programming in our communisaid Adam Rodgers, CEO at Boys & Girls Clubs of Stoneham & Wakefield.

The Civic Online Reasoning curriculum, developed by Professor Sam Wineburg, DIG Executive Director Joel Breakstone, and colleagues at the Stanford History Education Group, builds on research that suggests that students can be misled by websites designed to mask hidden agendas.

The Digital Inquiry Group (DIG) is a new non-profit organization that equips young people to sort fact from fiction online.

Close races in town

**ELECTION FROM PAGE 1** 

he received 6,478 votes to DeFranco's 6,119. In Wilmington, he received 4,875 votes to DeFranco's 4,691 votes.

For US representative, incumbent and Democrat Seth Moulton defeated Republican challenger Bob May, receiving 5,213 votes in Wilmington to May's 4,194 and 6,619 votes in Tewksbury to May's 5,704.

Finally, for councilor in the fifth district, Eileen Duff split Tewksbury and Wilmington but won reelection. The incumbent Democrat received 6,145 votes in Tewksbury and 4,797 votes in Wilmington while her Republican opponent received 4,609 votes in Wilmington and 6,246 votes in Tewksbury.

State-wide, both towns supported Democrats Maura Healy and Kim Driscoll, the new governor- and lieutenant governor-elect. Tewksbury awarded the duo 6,373 votes to their Republican opponents Geoff Diehl and Leah Allen's 6,184. Wilmington, meanwhile, gave Healey and Driscoll 4,963 votes to their opponents' 4,616.

Healey now becomes the first female elected governor in the history of Massachusetts and the first openly gay female elected governor in the history of the United States.

The two towns also backed Democrat Deborah Goldberg as she defeated Cristina Crawford to remain state treasurer. In Wilmington, Goldberg received 5,908 votes and in Tewksbury she received 7,652.

Secretary of State Bill Galvin easily dispatched his Republican opponent Rayla Campbell, receiving 7,313 votes in Tewksbury and 5,603 votes in Wilmington. While Democratic attorney general candidate Andrea Campbell won statewide, she fell short in Tewksbury, as her Republican opponent James McMahon received 6,373 votes to her 6,210. In Wilmington, Campbell scraped by with 4,787 votes to McMahon's 4,712.

One race both towns agreed on, though differed from the state-wide opinion, concerned the state auditor seat. Both towns backed Republican Anthony Amore over Democrat Diana DiZoglio. Wilmington gave Amore 4,720 votes and Tewksbury gave him 6,269. DiZoglio, meanwhile, received 5,547 votes in Tewksbury and 4,231 votes in Wilmington.

#### Questions

On the four ballot questions, both towns were in lock-step. Wilmington and Tewksbury rejected Question 1, the so-called "millionaires tax." Questions 3. relating to alcohol licenses and Question 4, allowing undocumented residents to obtain a driver's license.

In Tewksbury, Question 1 received 7,274 no votes to 5,273 yes votes. Question 2 received 8,127 yes votes to 4,350 no votes. Question 3 received 7,564 no votes to 4,805 yes votes. Question 4 received 7,677 no votes to 4,843 yes votes.

In Wilmington, Question 1 received 5,658 no votes to 3,886 yes votes. Question 2 received 6,221 yes votes to 3,264 no votes. Question 3 received 5,570 no votes to 3.843 ves votes. Question 4 received 5,651 no votes to 3,870 yes votes.

State-wide, Question 2 passed while questions 1 and 4 are leaning yes and Question 3 is leaning no. The other three questions have not been called as of Wednesday at noon.



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#### BURLINGTON

20 Alma Rd was sold to Abate-Wong, Christian by Durkin, Stephen W and Durkin, Lauren C for \$670,000 on 10/18/22

7 Blueberry Ln was sold to Jarvis, Matthew P and Jarvis, Juliana P by Korkmaz, Sevim and Saeedi-Vahdat, Armin for \$1,395,000 on 10/19/22

14 Chestnut Ave was sold to 16 Dorothy Avenue LLC by Gello Catherine E Est and Gallo, Anthony for \$590,000 on 10/18/22

7 Hallmark Gdns #4 was sold to Dariai, Sohelbhai and Dariai, Mehzabin by Grimanis, James N and Grimanis, Maria for \$380,000 on 10/17/22

#### LYNNFIELD

22 Heritage Ln was sold to Howard, Justin A and Zucco, Alana C by Quilty, Andrea and Quilty, Michael for \$1,400,000 on 10/17/22

900 Lynnfield St #18 was sold to Swan, Maria M and Swan, Michael A by Nancy L Brooks RT and Brooks, Nancy L for \$849,900 on 10/14/22

146 Salem St was sold to Kloack Brothers LLC and Sigsbury, Elizabeth A by Sigsbury, William L for \$460,000 on 10/18/22

NORTH READING 43 Central St was sold to Lewis, Arantxa by West, Eleanor N and Pomer, Marie A for \$725,000 on 10/14/22

17 Greene St was sold to Small, Michelle and Small, Robert by Lee Jr, Stanley S and Lee, Cynthia M for \$710,000 on 10/19/22

#### READING

126 Belmont St was sold to Auger, Emily R and Auger, Nathaniel R by Bianchetto FT and Bianchetto, Lee C for \$835,000 on 10/14/22

22 Dean Rd was sold to Weisman, Craig by Furness, Ryand and Furness, Leah J for \$1,415,000 on 10/14/22

11 John Street Ct was sold to Donnelly, Andrew and Jenkins, Bridget by Bramhall, Kerry G for \$790,000 on 10/18/22

#### STONEHAM

11 Birch St was sold to Solis, Casey by 11 Birch LLC for \$1,299,000 on 10/18/22

159 Main St #44B was sold to Kuy Daughters RET and Kuy, Kathy by Kuy, Stacey J for \$322,000 on 10/14/22

159 Main St #54A was sold to Xing, Xiaoyang by Aylsworth, James M and Aylsworth, Jean M for \$344,900 on 10/14/22 184 North St was sold to Pappalardo, Jonathan and Pappalardo, Pasqualina by

Paul, Kathleen A for \$950,000 on 10/14/22 TEWKSBURY 64 Juniper Ln #64 was sold to 64 Juniper Lane RET and Calouro, Nevia by Balcom, Ryan and Balcom, Amanda for \$510,000 on 10/14/22

214 Mccarthy Way was sold to Taco, Andrea J and Wisely, Brian S by Mike&Lisa Nguyen T and Nguyen, Nhut M for \$695,000 on 10/14/22

31 Nolan Ct #31 was sold to Meyers, Christopher and Meyers, Linda R by Bright, Robbie L for 600,000 on 10/14/22

#### WAKEFIELD

77 Converse St was sold to Nixon, William P and Nixon, Lesley J by Trachtenberg, Marc for \$1,100,000 on 10/18/22

45 Emerson St was sold to Marks, Kayla L by Baker, Michael J and Baker, Denise A for \$737,000 on 10/17/22

138 Salem St was sold to Bryn-Cericola, Alysha by 138 Salem Street LLC for \$389,900 on 10/18/22

138 Salem St #1 was sold to Chin, Alaina and Chin, Russell by 138 Salem Street LLC for \$440,900 on 10/18/22

#### WILMINGTON

109 Burlington Ave was sold to Croteau, Nathan by Peterwood Properties LLC for \$725,000 on 10/14/22 119 Church St was sold to Vrooman, Theodore and Freund, Alexander by Joshi, Neil for \$580,000 on 10/17/22

23 Oakdale Rd was sold to Hatch, Brian and Hatch, Michelle by Dumas, Benjamin and Dumas, Anna C for \$625,000 on 10/14/22

Dumas, Anna C for \$625,000 on 10/14/22 488 Shawsheen Ave was sold to Higgins, Kasey and Donohue, Kevin by Law, Eric and Law, Angela for \$790,000 on 10/19/22

#### WINCHESTER

16 Chestnut St was sold to Darcy, Grant and Ellwood-Darcy, Andrea by Kingston, Jean Y and Kingston 3rd, John for \$2,625,000 on 10/17/22

45 Hemingway St was sold to Gaudet, Ross E and Lynch, Brianna by 45 Hemingway Street NT and Giacalone, Pietro R for \$975,000 on 10/14/22

#### WOBURN

2 Albert Dr #9 was sold to Maggiore, Marc and Janvrin, Courtney by Molloy, Michael J for \$330,000 on 10/18/22

3 Baldwin Green Cmn #303 was sold to Tesla Biohealing Inc by Zeizel, Jeffrey H for \$407,000 on 10/19/22

3 Baldwin Green Cmn #306 was sold to Tesla Biohealing Inc by Zeizel, Jeffrey H for \$407,000 on 10/19/22

#### ZONING FROM A-8

velopment (EOHED), that threshold has been more than halved to 1,016 units.

Worried about loosing too much of Stoneham's commercial tax base to poorly though-out housing redevelopments, Dolan and Planning Board Chair Frank Vallarelli ultimately pushed for a compromise that targeted a much smaller section of Route 28.

"Right now, we have 10,000 housing units and the mandate is to increase that by 20 percent. If you estimate three people [end up living in each apartment], you'd be popping our population by 6,000 people. It's a concern because of traffic," Dolan contended during a Town Hall discussion in August.

"I don't mind new rentals going in and I don't mind rezoning. But we should take baby steps and not rezone the entire Main Street corridor in one fell swoop, especially when we have a

year-and-a-half to get this done," Vallarelli later remarked.

In compliance years ahead of time

Facing an original 2024 deadline complying with the MBTA Communities program, Wortman and other officials have for months now insisted Stoneham will have an easier time than neighbors in responding to the state mandates.

"I think Stoneham is setup well for this legislation. I think we can be smart about this and have a good conversation," the planning director advised the town's Select Board during an initial public hearing regarding the mandates last spring.

Under the original draft regulations, some 175 communities across the state that receive direct MBTA services - or abut a municipality with a bus, subway, or commuter rail stop - would have been required to amend zoning bylaws to let developers construct multi-

family housing developments with a density of at least 15-units per acre.

Besides agreeing to set aside at least 50-acres of land for such by-right projects, communities will also reportedly have to meet a "minimum district unit capacity" that is based upon the total number of housing units in each city and town and the type of MBTA services available to area residents. Another clause that is still included in the EOHED regs, forces communities with bus, subway, or commuter-rail stations to designate their new by-right multi-family housing districts on land situated within a half-mile of those MBTA locations.

With communities across
Massachusetts rebelling
against the mandates,
EOHED Secretary Mike
Kennealy, in an open August
10 letter to cities and towns,
explained dramatic changes
were being made to the draft

Those amendments in-

cluded the elimination of the "bus community" designation, which drastically lowered the "minimum housing threshold" for many Middlesex East communities. Socalled "MBTA adjacent" communities like Burlington, Stoneham, and North Reading, are also being asked to set aside smaller zoning districts.

"The guidelines establish 'circuit breakers' that prevent multi-family unit capacity from exceeding 25% of a community's existing housing stock, or the minimum land from exceeding 1.5% of its total developable land area," Kennealy wrote.

"The portion of a multifamily zoning district that must be located within a half mile of a transit station now varies based on the amount of developable station area within each MBTA community," he added.

Originally, the initial MBTA guidelines presented by state officials last spring would have required communities within the Middlesex East region to sanction the potential construction of 17,132 housing units. Below follows summaries of how the latest set of regulations impacts several area cities and towns of interest.

• Winchester, dubbed a bus community despite the MBTA's Wedgemere Station stop on the commuter rail, was first asked to allow for 1,627 new multi-family units. Under the changes, the town now falls under the "Commuter Rail" category, meaning the town will have to set aside at least 37-acres of land to allow for the construction of 1,220 units;

• Burlington, originally defined as an MBTA bus community, was first being required to establish a byright zoning district with room for 2,086 new housing units. The town is now an "adjacent community" that will have to allow for the potential construction of 1,043 units:

• The Town of Wilmington, first classified as an MBTA bus community, was

originally asked to allow for 1,664 new multi-family units. Now deemed a "Commuter Rail" community, Wilmington will have set aside at least 50 acres of land to allow for up to 1,248 housing units.

• Tewksbury, initially defined as a rare MBTA adjacent community with no existing public transportation services in town, was originally required to zone for 1,214 new units. That standard has not changed;

• Wakefield, labeled an MTBA bus community, was last spring informed it would have to allow for 2,261 new housing units. Now classified as a "Commuter Rail" town, that minimum unit capacity has been reduced to 1,696 units.

• and North Reading, with no in-town MBTA services, was first notified it would have to allow for a minimum of 750 new multifamily housing units. That mandate has not changed under the revised guidelines.

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